

1 REVISION 2

2 **Title:** The (Chemical) Potential for Understanding Overstepped Garnet Nucleation and Growth

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9 **Abstract**

10 Overstepping of porphyroblast-forming reactions has been shown to occur in regional, contact,  
11 and subduction zone metamorphism, calling into question the paradigm that metamorphic  
12 mineral reactions occur at or very close to thermodynamic equilibrium. These overstepped  
13 reactions result from the fact that nucleation and growth of new phases requires a  
14 thermodynamic driving force, or a *departure* from equilibrium. We use phase equilibria  
15 modeling to elucidate the energetic consequences of overstepped garnet nucleation and growth  
16 by comparing the chemical potentials of garnet-forming oxide components (MnO, CaO, FeO,  
17 MgO, Al<sub>2</sub>O<sub>3</sub>) in two sets of calculations: one in which Gibbs free energy is minimized and one in  
18 which the minimization proceeds under identical conditions but in the forced absence of garnet.  
19 We focus on twelve examples from the literature which have previously described garnet  
20 nucleation as minimally overstepped (garnet nucleation at the *P-T* of initial garnet stability) or  
21 garnet nucleation as more substantially overstepped (garnet nucleation at *P-T* conditions greater  
22 than initial garnet stability). For a small *P-T* interval above nominal garnet-in reactions,  
23 differences in the chemical potentials between the two calculations are commonly minimal. In all

24 tested examples calculated using two versions of the THERMOCALC thermodynamic dataset,  
25 the chemical potential of  $\text{Al}_2\text{O}_3$  ( $\mu_{\text{Al}_2\text{O}_3}$ ) diverges between garnet-bearing and garnet-absent  
26 calculations at greater  $P$ - $T$  conditions than that of MnO, CaO, FeO and MgO. The  $P$ - $T$  interval  
27 between thermodynamic garnet-in and the point at which  $\mu_{\text{Al}_2\text{O}_3}$  differs substantially between the  
28 two sets of calculations appears to be a function of bulk-rock MnO content, reemphasizing the  
29 role that small quantities of MnO play in the apparent stability of garnet in calculated phase  
30 equilibria. These results highlight the importance of considering multiple thermodynamic  
31 datasets, the location of the garnet-in curve, and the abundance of mineral phases in the  
32 discussion of overstepped metamorphic reactions. The results have implications for determining  
33 kinetic barriers to crystal nucleation and growth, and considering the most appropriate way of  
34 defining ‘garnet-in’ for samples that have experienced overstepping.

35 **Keywords:** Garnet nucleation, overstepping, thermodynamic modeling, chemical potential,  
36 pseudosections

## 37 **Introduction**

38 The equilibrium paradigm in metamorphic petrology, in which minerals and fluids  
39 continually react with changing pressure ( $P$ ) and temperature ( $T$ ) to achieve the lowest possible  
40 Gibbs free energy configuration, has resulted in many significant advances in our understanding  
41 of metamorphic and tectonic processes (e.g. Thompson 1957; Essene 1982; Spear and  
42 Selverstone 1983; Powell et al. 1998; Kerrick and Connolly 2001; White and Powell 2002;  
43 Hacker et al. 2003). Within this paradigm, if the stability of a new phase would decrease the  
44 Gibbs free energy ( $G$ ) of the system following a change in  $P$  and  $T$  conditions, the departure  
45 from equilibrium needed to form that new phase is considered to be negligible and it will  
46 nucleate and grow without kinetic barriers. This assumption of equilibrium is consistent with the

47 metamorphic facies principle (Eskola 1915, 1920), which led to the interpretation of evolving  
48 metamorphic conditions using natural mineral compositions and textural information, and  
49 facilitated the integration of metamorphic constraints within a tectonic framework. However,  
50 recent examples have highlighted rocks in which it appears that deviations from the equilibrium  
51 state may have been substantial ( $>50^{\circ}\text{C}$  and  $>1$  kbar), (e.g. Dragovic et al. 2012; Spear et al.  
52 2014; Wolfe and Spear 2018).

53 Overstepped reactions, typically identified in the metamorphic rock record as cases in  
54 which the initial occurrence of a mineral appears to have been at  $P$ - $T$  conditions significantly  
55 greater than its thermodynamically-defined initial stability, have been well-documented (e.g.  
56 Ridley and Thompson 1986; Chernoff and Carlson 1997, 1999; Waters and Lovegrove 2002;  
57 Zeh and Holness 2003; Wilbur and Ague 2006; Pattison and Tinkham 2009; Pattison et al. 2011;  
58 Ague and Carlson 2013; Spear et al. 2014; Carlson et al. 2015a; Castro and Spear 2016; Spear  
59 and Wolfe 2018). An alternative observation, of the persistence of phases such as chloritoid,  
60 garnet and staurolite beyond the nominal  $P$ - $T$  limit of their stability, can also be made but is less  
61 commonly associated with ‘reaction overstepping’ (Waters and Lovegrove 2002; Pattison and  
62 Tinkham 2009; Pattison & Spear 2018). Broadly, overstepped reactions in the rock record are  
63 interpreted to be a consequence of the fact that while pressure, temperature, and bulk  
64 composition are the primary controls on metamorphic paragenesis, kinetic impediments to the  
65 nucleation of minerals in metamorphic rocks may be substantial and significant (e.g. Ridley and  
66 Thompson 1986; Rubie 1998).

67 The degree of reaction overstepping depends partly on the free energy change of the  
68 reaction which, if controlled by temperature, is directly related to its entropy ( $S$ ) (e.g. Fyfe et al.  
69 1958; Ridley and Thompson 1986; Pattison and Tinkham 2009; Pattison et al. 2011). This

70 suggests that devolatilization reactions with a significant change in entropy ( $\Delta S_{\text{rxn}}$ ) should  
71 experience ‘smaller temperature oversteps’ than solid-solid reactions with relatively smaller  
72  $\Delta S_{\text{rxn}}$  (Ridley and Thompson 1986). However, it appears from comparisons of calculated phase  
73 equilibria with natural samples that despite commonly forming from high entropy  
74 devolatilization reactions involving breakdown of chlorite, micas, and amphiboles, the  
75 nucleation of garnet is frequently overstepped. This has been observed in rocks from contact  
76 (e.g. Waters and Lovegrove 2002; Pattison and Tinkham 2009), regional (e.g. Spear et al. 2014;  
77 Wolfe and Spear 2017), and subduction (e.g. Dragovic et al. 2012, 2015; Castro and Spear 2016)  
78 metamorphic settings and contrasts with other cases in which maintenance of rock-wide  
79 thermodynamic equilibrium has been well-demonstrated (e.g. George and Gaidies 2017).

80 Improved understanding of the conditions and kinetics of garnet nucleation and growth is  
81 necessary because garnet is a useful mineral for understanding prograde to peak metamorphic  
82 processes. This follows in part from its stability over a wide range of protolith compositions,  
83 possible crustal and mantle *P-T* conditions, and from the compositional variations that it and  
84 accompanying phases experience during evolving metamorphic conditions, hence its extensive  
85 application in quantitative thermobarometry (e.g. Tracy et al. 1976; Ghent 1976; Ferry and Spear  
86 1978; Hodges and Spear 1982; Spear and Selverstone 1983; Spear et al. 1984; St-Onge 1987;  
87 Florence and Spear 1991; Konrad-Schmolke et al. 2006; Caddick and Thompson 2008;  
88 Moynihan and Pattison 2013). As garnet can also be dated isotopically, this improved  
89 understanding can potentially lead to better determination of the rates of tectonic processes  
90 (Duchêne et al. 1997; Scherer et al. 2000; Pollington and Baxter 2010; Baxter and Scherer 2013;  
91 Dragovic et al. 2015; Baxter et al. 2017; Seman et al. 2017) These examples highlight the

92 importance of making accurate predictions about the likely departures from equilibrium  
93 preserved in garnet crystals from a variety of settings.

94 Here, we study metapelitic samples in which previous work has identified that garnet  
95 nucleation and growth were overstepped to varying extents, from minimally (i.e. crystals record  
96 evidence of growth at approximately the conditions of thermodynamically calculated garnet-in  
97 curves for that bulk-rock composition) to more significantly (i.e. initial growth several tens of  
98 degrees hotter or several kbars pressure higher than calculated garnet-in). For each sample, we  
99 initially calculate the energetic differences between a thermodynamic system in which we  
100 minimize free energy and a system that is otherwise identical but in which we prohibit garnet  
101 stability. We then examine the differences in the calculated chemical potentials of  
102 thermodynamic components (MnO, CaO, FeO, MgO, Al<sub>2</sub>O<sub>3</sub>) between the garnet-present and  
103 garnet-absent systems. Our work aims to reveal some of the macro-energetic consequences of  
104 overstepped garnet nucleation and growth, while also highlighting possible factors that lead to  
105 apparently overstepped metamorphic reactions in pseudosection calculations.

## 106 **Theoretical Background**

### 107 **Processes of Crystallization**

108 Several sequential and simultaneous processes are required in order for a metamorphic  
109 crystal to nucleate and grow. These can be summarized as: i) breakdown of reactant phases to  
110 liberate nutrient components; ii) transport of these nutrients through the intergranular medium,  
111 typically in solution within grain boundary fluids but also through solid-state diffusion; iii)  
112 homogenous or heterogeneous crystal nucleation; iv) crystal growth via the attachment of atoms  
113 or molecules onto the crystal nucleus or surface (e.g. Kretz 1966, 1974; Carmichael 1969; Fisher  
114 1978; Walther and Wood 1984; Ridley and Thompson 1986; Rubie 1986; Carlson 1989, 2011).

115 Each of these processes is inherently complex in natural rocks, but can be understood through the  
116 application of appropriate simplifications and rate laws (e.g. Wood and Walther 1983; Walther  
117 and Wood 1984; Lasaga 1986; Ridley and Thompson 1986; Lasaga and Rye 1993; Rimstidt  
118 2014). Although these steps most likely coincide in a rock matrix (Carlson 2011), failure of any  
119 one of the processes can lead to a (temporary) absence of the product mineral within the rock  
120 mass. Sustained failure of one or more of these processes over metamorphic timescales can lead  
121 to apparent reaction overstepping, in which an otherwise thermodynamically stable mineral at a  
122 given  $P$  or  $T$  is absent.

123       Classical views of crystallization in geologic environments include the homogeneous  
124 nucleation model, wherein nuclei form via interactions between atoms in solution (Christian  
125 1975). In metamorphic rocks it may be more appropriate to consider heterogeneous nucleation,  
126 wherein nuclei develop on pre-existing substrates, thereby lowering interfacial energy (Nielsen  
127 1964; Mullin 1992). Regardless of the nucleation mechanism, a specific molecular cluster size is  
128 necessary for a nucleus to mature into an energetically stable crystal. This nucleation step thus  
129 exerts a finite requirement on the amount of overstepping for any given reaction (Ridley and  
130 Thompson 1986). Few studies have directly quantified the energies required for nucleation in  
131 metamorphic rocks (e.g. Rubie et al. 1990; Hacker et al. 1992; Liu and Yund 1993; Rubie 1998;  
132 Milke and Heinrich 2002). However, several previous studies have focused on calculating  
133 macroscale (rock-wide) energetic differences between rocks containing a particular mineral,  
134 typically garnet, and rocks at the same  $P$ - $T$  but lacking that phase (e.g. Waters and Lovegrove  
135 2002; Pattison and Tinkham 2009; Pattison et al. 2011; Spear et al. 2014; Castro and Spear  
136 2016).

137           Crystal growth can proceed after this nucleation step, with the rate of growth subject to  
138 several criteria. Crystal growth rate can be controlled by element supply, itself a function of  
139 reactant mineral breakdown and transport dynamics (i.e. by a diffusion control) or by the  
140 energetics of attachment (i.e. by an interface control). Again, each of the processes can be rate-  
141 limiting, with a high probability that each one dominated the evolution of some rocks, but played  
142 a smaller role in others. Furthermore, one process may be rate-limiting for large parts of the  
143 metamorphic history of a rock, but may proceed rapidly during certain phases of crystallization.

144           For the case of diffusion control, the mobility of the slowest diffusing crystal-building  
145 component is likely to control the kinetics and spatial distribution of crystal growth. For  
146 example, the local availability of aluminum has been hypothesized as a barrier to garnet crystal  
147 growth (e.g. Carmichael 1969; Carlson 2002, 2011; Ketcham and Carlson 2012; Kelly et al.  
148 2013a, 2013b). This is a complex function of the heterogeneous distribution of aluminum in the  
149 protolith matrix and the limited solubility of aluminum-bearing species in geologic fluids on  
150 grain boundaries (e.g. Manning 2007; Newton and Manning 2007; Carlson 2010, 2011; Carlson  
151 et al. 2015b). Such diffusion controlled growth can lead to spatially-ordered porphyroblast  
152 distributions (e.g. Hirsch et al. 2000, Carlson 2011; Ketcham & Carlson 2012; Kelly et al.  
153 2013a,b).

154           In the interface controlled case, the rate of attachment of individual atoms on to the  
155 surface of growing crystals controls the net rate of crystal growth (Carlson 2011; Gaidies et al.  
156 2011). The equal availability of nutrients throughout the rock matrix at any given time will result  
157 in uniform growth rates and compositional zoning of crystals within a population (Ague and  
158 Carlson 2013), with resulting rock textures exhibiting near-random distributions of  
159 porphyroblasts (Carlson 2011; Gaidies et al. 2015).

## 160 **Application of Equilibrium Thermodynamics to Metamorphic Rocks**

161 Gibbs free energy calculations for metamorphic rocks have helped develop our  
162 understanding of the evolution of the Earth's lithosphere. Experimental and empirical constraints  
163 on activity-composition ( $a$ - $X$ ) models for minerals and fluids have been integrated with datasets  
164 of end-member thermodynamic properties (e.g. Berman 1988; Holland and Powell 1998, 2003,  
165 2004, 2011, Powell et al. 1998, 2014; White et al. 2014; Green et al. 2016). Coupled with  
166 thermodynamic modeling software, this has resulted in the widespread calculation of  
167 pseudosections (or isochemical phase diagrams) to reveal stable mineral assemblages,  
168 abundances, and compositions over a range of metamorphic  $P$ - $T$  conditions. Comparisons of  
169 calculated phase equilibria with natural samples have resulted in a deeper understanding of the  
170  $P$ - $T$  evolution of metamorphic rocks (e.g. Spear 1993; Tinkham and Ghent 2005; Konrad-  
171 Schmolke et al. 2006; Gaidies et al. 2008; Groppo et al. 2009), but have also revealed some  
172 challenges to the assumption of whole-rock chemical equilibrium (e.g. Pattison et al. 2011;  
173 Guevara and Caddick 2016; Palin et al. 2016; Lanari and Engi 2017; Spear and Wolfe 2018).

174 Multiple approaches have been proposed for better understanding the development of  
175 rocks experiencing deviations from true thermodynamic equilibrium and calculating the  
176 compositions of newly-formed phases that will grow after a period of overstepping. This follows  
177 from the acknowledgement that the nucleation of new minerals requires departures from  
178 thermodynamic equilibrium and energetic driving forces for nucleation (e.g. Rumble 1976;  
179 Joesten 1977; Powell 1978). This energetic driving force, or reaction affinity, can be calculated  
180 by comparing the energetics of systems containing and prohibiting the stability of a particular  
181 phase at a given  $P$  and  $T$  (e.g. Pattison et al. 2011; Carlson et al. 2015a). There are three general  
182 approaches to calculating the energetics of systems in which the stability of a phase is prohibited.



183 First, one can assume that all other phases in the rock freely equilibrate to the composition that  
184 results in the lowest Gibbs free energy of that system and that the composition of garnet grown  
185 following an overstep is the same as the equilibrium composition of garnet at that  $P$ - $T$  condition  
186 if overstepping had not occurred (described as the ‘Method 1’ calculation of reaction affinity by  
187 Pattison et al. (2011)). A second assumption is that the matrix is entirely unreactive in the region  
188 of overstepping, so that the compositions of all phases in the rock are fixed in the overstepped  
189 interval (Method 2 of Pattison et al. (2011)). A third intermediate approach, often termed the  
190 parallel tangent method, is to assume that the compositions of matrix phases can change in the  
191 overstepped-region but that the composition of garnet that would grow following overstepping is  
192 that which would lower the chemical potential of each thermodynamic component equally  
193 (Method 3 of Pattison et al. (2011)).

#### 194 **Challenges Associated with Applying Equilibrium Thermodynamics to Metamorphic** 195 **Rocks**

196 Current challenges associated with phase equilibria modelling include: i) making  
197 appropriate choices about bulk rock composition and equilibration volume, ii) ascribing  
198 appropriate uncertainties to results, and iii) determining the best way to quantify the  $P$ - $T$   
199 conditions at which minerals nucleate. Careful consideration of ‘effective bulk compositions’  
200 (Tracy 1982) can help to reduce some of the disparities between calculated rock assemblages and  
201 the natural rock record. This is typically implemented by modifying measured rock compositions  
202 to remove unreactive phases (e.g. Spear 1988; Marmo et al. 2002; Evans 2004; Konrad-  
203 Schmolke et al. 2005; Zuluaga et al. 2005; Caddick et al. 2007; McCarron et al. 2019), by  
204 progressively modifying assumed length-scales of chemical equilibrium and calculating ‘local  
205 compositions’ accordingly (e.g. Guevara and Caddick 2016; Lanari and Engi 2017), or by

206 modifying bulk composition so that appropriate mineral compositions are calculated at  $P$ - $T$   
207 conditions that have been independently constrained (Spear and Wolfe 2018). Each of these  
208 calculation methods involves its own set of assumptions about the length scale of equilibrium,  
209 reactivity of phases, and transport of material, and will likely result in a different effective bulk  
210 composition. Additionally, the choice of equilibration volume and method for determining the  
211 bulk composition (the geologic uncertainty) leads to uncertainties in the calculated equilibria  
212 (Palin et al. 2016). Finally, there are uncertainties associated with the mineral and fluid end-  
213 members and  $a$ - $X$  models involved in a calculation (Powell and Holland 2008). The propagated  
214 uncertainty on the size and position of each calculated mineral assemblage field, and on the  
215 abundances and compositions of co-existing phases, depends on the uncertainties on each  
216 calculated phase, and is still poorly quantified in most cases.

217         Several methods have been used to determine the  $P$ - $T$  of garnet nucleation from phase  
218 equilibria, with each method having its own benefits and challenges. First, the composition of  
219 garnet calculated in a pseudosection at any  $P$ - $T$  may be assumed to relate directly to the  
220 composition of garnet that would exist in a natural rock at that  $P$ - $T$  condition. Thus isopleths  
221 calculated for garnet compositions measured from natural crystal cores (expressed as  $X_{\text{alm}}$ ,  $X_{\text{sps}}$ ,  
222  $X_{\text{grs}}$ ,  $X_{\text{pyr}}$ ) are thought to reveal the  $P$ - $T$  of early garnet growth (e.g. Tinkham and Ghent 2005), in  
223 what we hereafter refer to as the ‘garnet core isopleth intersection’ method. This method has  
224 been widely used, but has been questioned for cases in which elastic thermobarometry on  
225 inclusions in garnet imply trapping at  $P$ - $T$  conditions well above those of initial garnet stability  
226 in a pseudosection (e.g. Spear et al. 2014; Castro and Spear 2016).

227         Alternatively, the parallel tangent method has been proposed as a more appropriate way  
228 to determine the conditions of garnet nucleation following overstepping, by calculating the

229 garnet composition which would lead to the greatest reduction of Gibbs free energy following a  
230 defined interval of overstepping (Thompson and Spaepen 1983; Hillert and Rettenmayr 2003;  
231 Hillert 2008; Gaidies et al. 2011; Pattison et al. 2011; Spear et al. 2014). In this case, it is  
232 assumed that the chemical potentials of each garnet-forming thermodynamic component would  
233 be reduced by the same amount upon garnet nucleation, solving to find the garnet composition at  
234 a given  $P$  and  $T$  that would achieve this. This method has currently been applied to few samples  
235 (rocks from the Sikkim, Himalaya, Sifnos, Greece, the Eastern Vermont terrane, and the Nelson  
236 Aureole: Gaidies et al. 2011; Pattison et al. 2011; Spear et al. 2014; Castro and Spear 2016;  
237 George and Gaidies 2017; Spear and Wolfe 2018; Wolfe and Spear 2018), and it is unclear how  
238 well a methodology that was derived to study homogeneous nucleation in binary metallic melts  
239 (Thompson and Spaepen 1983) translates to heterogenous nucleation in metamorphic rocks (see  
240 Gaidies et al. 2011 for a discussion on some of the challenges of this method).

241         With careful consideration of the associated challenges, equilibrium-based  
242 thermodynamics can be utilized to study the energetic consequences of overstepped garnet  
243 nucleation and growth. Here, we use equilibrium thermodynamics to elucidate the way that the  
244 chemical potentials of rock forming components are affected by the failure of garnet to nucleate.  
245 We show that chemical potentials of each garnet-forming component behave differently between  
246 a garnet-present and garnet-absent phase equilibria calculation. While previous works have used  
247 calculated chemical potential gradients to study metamorphic textures (e.g. White et al. 2008;  
248 Stipska et al. 2010; Powell et al. 2019), we stress that our phase equilibria calculations do not  
249 reveal anything about the atomistic mechanisms of crystal nucleation and growth in natural  
250 rocks. Instead, by studying the evolution of chemical potential by the failure of garnet to nucleate  
251 and grow, we can explore the role that each component has on the energetics of the system.

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### Choice of Samples

We use twelve well-described samples from the literature that have been shown to have experienced various extents of overstepping of garnet-in reactions. Five representative examples are described in detail in the main text. Details of the remaining seven are presented as Supplemental Material, with their results summarized in the main text. For detailed descriptions of the geologic setting for each of these samples, the reader is directed to the original studies describing the samples. The apparent  $P$ - $T$  of garnet nucleation and previously reported extent of overstepping for each of these samples are summarized in Table 1.

#### Examples with Minimal Overstepping (<10°C and 0.5 kbar)

Sample 24-99 is a sample from the garnet zone of the Lesser Himalaya in Sikkim (Dasgupta et al. 2009; Anczkiewicz et al. 2014; Gaidies et al. 2015; George and Gaidies 2017; George et al. 2018). Previous work suggests that the  $P$ - $T$  of garnet nucleation (determined by garnet core isopleths) occurred at the garnet-in curve, (Gaidies et al. 2015) and subsequent calculations of the  $P$ - $T$  of garnet nucleation using the parallel tangent method determined an overstep of <10°C and 0.4 kbar (George and Gaidies 2017), indicating that the departure from equilibrium during garnet nucleation was negligible.

Sample 35F03 is from the Rappold Complex of the Austroalpine Crystalline Basement of the eastern European Alps (Gaidies et al. 2008). Previous work on this sample suggested that the  $P$ - $T$  of garnet nucleation (determined by the intersection of garnet core isopleths) occurred at or close to the  $P$ - $T$  of initial garnet stability, suggesting minimal overstepping (Gaidies et al. 2008).

Additional samples (described in more detail Supplemental Material Part I) that experienced little apparent overstepping are W122, from the Danba Structural Culmination of

274 eastern Tibet (Weller et al. 2013) and DM\_06\_128 from the Kootenay Arc of British Columbia  
275 (Moynihan and Pattison 2013).

276 **Examples with Apparent Overstepping (>10°C and 0.5 kbar)**

277 Sample TM549a is from the eastern flank of the Strafford Dome in the regional  
278 Barrovian sequence of eastern Vermont, and has been cited as providing evidence that  
279 overstepping may be important in regional metamorphic terranes (Spear et al. 2014). Thermo-  
280 barometric constraints for TM549a indicate that garnet nucleation occurred at 450-500°C and 4-5  
281 kbar (Menard and Spear 1994). Spear et al. (2014) used quartz-in-garnet barometry to determine  
282 the entrapment pressure of quartz inclusions in garnet cores, calculating an isochore extending  
283 from 440°C at 6.7 kbar to 580°C at 9.0 kbar, contrasting significantly with the earlier thermo-  
284 barometric results. While these varying *P-T* estimates lead to different interpretations of the  
285 amount of overstepping of the garnet-in reaction, Spear et al. (2014) quantify the overstepping of  
286 the garnet nucleation to be 10°C and 0.6 kbar.

287 Sample AV26A is from the Pomfret Dome, southeastern Vermont (Bell et al. 2013). It  
288 formed during the Appalachian Taconic Orogeny, when over-thrusting of thick tectonic sheets  
289 resulted in porphyroblast nucleation at 550°C and 8.0 kbar, consistent with 30°C and 1.5 kbar of  
290 overstepping (Bell et al. 2013). Analysis of inclusion trail geometries reveals that garnet only  
291 nucleated and grew during the start of crenulation-forming deformation events and nucleation  
292 was controlled by microlithologic domains developed during deformation (Bell et al. 2013).

293 Sample 93-CW-4 is from the Nelson Contact Aureole, British Columbia (Pattison and  
294 Vogl 2005; Tomkins and Pattison 2007; Pattison and Tinkham 2009; Gaidies et al. 2011;  
295 Pattison et al. 2011). Closely-spaced mineral isograds and chemical zoning in garnet suggest that  
296 garnet nucleation was delayed until the rocks reached temperatures coincident with the stability

297 of higher-grade porphyroblasts (staurolite and andalusite; Pattison and Tinkham 2009). Garnet  
298 nucleation was initially calculated to be overstepped by 30°C (Pattison and Tinkham 2009).  
299 Gaidies et al. (2011) reported overstepping of 6-17°C, which equates to the maximum driving  
300 force for garnet nucleation occurring at 545°C and 3.5 kbar, the *P-T* conditions of nucleation that  
301 we use in this study.

302 Additional samples experiencing apparent overstepping (described in Supplemental  
303 Material Part I) are 12TM16 from the Grenvillian Flinton Group of southeastern Ontario  
304 (McCarron et al. 2014), ED34 from the Menderes Massif of southwest Turkey (Etzel et al.  
305 2019), D13-75 from the Central Himalayan metamorphic core (Iaccarino et al. 2017), TH203B  
306 from the Albion Mountains of Idaho (Kelly et al. 2015), and SSFM307-7G from the Funeral  
307 Mountains, California (Craddock Affinati et al. 2020).

## 308 **Methods**

### 309 **Calculation of Phase Equilibria**

310 Equilibrium mineral assemblages were re-calculated for these samples, using the  
311 thermodynamic modeling program *Perple\_X*, version 6.8.3 (Connolly 1990, 2005). Calculations  
312 initially used the ‘ds5.5’ update to the Holland and Powell (1998) internally consistent dataset  
313 and the following solution models: biotite (Powell and Holland 1999), chlorite (Holland et al.  
314 1998), chloritoid, garnet, staurolite (Holland and Powell 1998), ilmenite (ideal), muscovite  
315 (Coggon and Holland 2002), and plagioclase (Fuhrman and Lindsley 1988). ds5.5 was used to  
316 maintain consistency with the original literature, with phase equilibria for all but one of the  
317 samples that we study here originally calculated with ds5.5. The only exception is Eastern  
318 Vermont sample TM549a (Spear et al. 2014), with the original calculations using the modified  
319 thermodynamic dataset from Spear and Pyle (2010). We also recalculated five examples using

320 the updated ‘ds6.2’ (Holland & Powell 2011) and *a-X* models from (White et al. 2014a), to  
321 compare the effects of thermodynamic data on pseudosection topologies and  $\Delta\mu_{\text{component}}$   
322 calculations. While several comparisons between ds5.5 and revised dataset ds6.2 are now  
323 available (White et al. 2014a; Pattison and DeBuhr 2015; Guevara and Caddick 2016; Lanari and  
324 Duesterhoeft 2019; Waters 2019; Starr et al. 2020), additional comparison is useful here, as it  
325 will shed light on whether the chemical potential trends that we observe above are applicable  
326 more broadly, or are artifacts of the specific *a-X* models chosen. The bulk composition and  
327 garnet core compositions for all samples are listed in Supplemental Material Part II.

328         Calculations utilized the chemical system MnO–Na<sub>2</sub>O–CaO–K<sub>2</sub>O–FeO–MgO–Al<sub>2</sub>O<sub>3</sub>–  
329 SiO<sub>2</sub>±TiO<sub>2</sub>, with H<sub>2</sub>O in excess. TiO<sub>2</sub> was only included when deemed appropriate by the  
330 authors of the original works, in an attempt to maintain consistency. Ferric iron content was not  
331 reported in the source papers for any of these samples, so all iron was considered ferrous.

332         Two pseudosections were calculated for each sample. We first calculated the lowest  
333 possible free energy mineral-fluid configuration (i.e. a conventional pseudosection), hereafter  
334 termed the true equilibrium calculation or TEC and shown in Figure 1A for a hypothetical  
335 sample. This found the identity, abundances and compositions of stable phases as a function of *P*  
336 and *T* (see methodology in Connolly and Kerrick 1987; Connolly 1990, 2005). We then  
337 recalculated phase equilibria using the same input data, but prohibiting the stability of garnet by  
338 excluding its end-members. This calculation, defined here as the Metastable Calculation (MSC)  
339 and shown in Figure 1B, involves the assumption that in the forced absence of garnet stability,  
340 all other phases will react to reach an alternate lowest Gibbs free energy configuration of the  
341 system. As seen in Figure 1B (and in all cases described below), at the *P-T* conditions at which  
342 the garnet core isopleths intersect, the only difference in the mineral assemblages between the

343 TEC and MSC is the lack of garnet in the MSC. At temperatures substantially above garnet-in in  
344 the TEC, additional differences in mineral assemblage do occur, but these  $P$ - $T$  regions are not  
345 relevant to this study.

### 346 **Chemical Potential Calculations**

347 Chemical potentials ( $\mu_{\text{component}}$ ) define the compositional dependence of the Gibbs free  
348 energy and are calculated here to understand the energetic consequences of the failure of garnet  
349 to nucleate at garnet-in (defined as the curve in  $P$ - $T$  space along which garnet first appears in the  
350 TEC). At any  $P$ - $T$  point, a Gibbs free energy versus composition ( $G$ - $X$ ) diagram can be used to  
351 visualize stable mineral assemblages (Figure 1C; Gibbs 1928; Joesten 1977; Powell 1978; Spear  
352 1993), with the lowest energy tangent line determining the stable phases at that condition (e.g.  
353 Phase X and Phase Z in Figure 1C). The chemical potential of each component can then be  
354 defined by the intersection of the tangent with the Y-axes (Figure 1C; Gibbs 1928; Joesten 1977;  
355 Powell 1978; Spear 1993). This can be extended to three or more dimensions, with the number of  
356 stable phases and chemical potentials increasing accordingly (e.g. Figure 1D).

357 Chemical potentials were extracted from the `Perple_X` output for the TEC and MSC of  
358 each sample. The differences in chemical potentials between the TEC and MSC at a range of  $P$   
359 and  $T$  conditions were then calculated, e.g. for MgO:

$$360 \Delta\mu_{\text{MgO}} = \mu_{\text{MgO}}^{\text{TEC}} - \mu_{\text{MgO}}^{\text{MSC}} \quad (1)$$

361 Figure 1E shows variations in  $\Delta\mu_{\text{component}}$  versus temperature for the theoretical example  
362 in Figure 1A-B along a simple 1-D burial and heating path (shown in Figure 1A). As in all  
363 examples described below, the  $P$ - $T$  path was determined by defining the shortest possible path  
364 between garnet-in in the TEC and the  $P$ - $T$  point at which garnet core isopleths intersect in that  
365 diagram. This provides a consistent method for determining the  $P$ - $T$  path for each sample. At  $P$ -



366 *T* conditions below initial garnet stability in the TEC (515°C and 4.1 kbar), both calculations are  
367 energetically identical, so  $\Delta\mu = 0$  for all components (Figure 1E). At greater *P* and *T*, garnet is  
368 stable in the TEC but absent in the MSC, so the two systems have increasingly different  
369 energetic configurations. In Figure 1E,  $\mu_{\text{MnO}}$ ,  $\mu_{\text{CaO}}$ , and  $\mu_{\text{FeO}}$  become increasingly negative  
370 towards greater *T*, implying that the partial molar free energy of MnO, CaO, and FeO, is lowered  
371 by the stability of garnet in the TEC. A positive  $\Delta\mu_{\text{component}}$ , as is the case for MgO in Figure 1E,  
372 would imply that the partial free energy of that component is increased by the stability of garnet  
373 in the TEC. If  $\Delta\mu_{\text{component}}$  is zero at any condition greater than initial garnet stability in the TEC,  
374 as is the case for  $\Delta\mu_{\text{Al}_2\text{O}_3}$  up to 550°C & 4.5 kbar in Figure 1E, then one would infer that the  
375 partial free energy of that component in that system is not affected by the stability of garnet.  
376  $\Delta\mu_{\text{Na}_2\text{O}}$ ,  $\Delta\mu_{\text{K}_2\text{O}}$ , and  $\Delta\mu_{\text{TiO}_2}$  also experience a deviation upon initial garnet stability in the TEC,  
377 but are not discussed further here.

378         Calculated mineral assemblage fields, phase abundances and phase compositions are all  
379 subject to propagated uncertainties on thermodynamic data and bulk compositions (Powell &  
380 Holland 2008; Palin et al. 2016). However, each of our calculations use the same mineral end-  
381 members and thermodynamic data, so some of the absolute errors cancel, and the relative  
382 uncertainty between the TEC and MSC for each example is regarded as small (Hodges and  
383 McKenna 1987; Powell and Holland 2008; Palin et al. 2016; Hernández-Uribe and Palin 2019).  
384 Thus, the uncertainties on chemical potentials calculated from the TEC and MSC for each  
385 sample calculated in each dataset would also result in a small relative uncertainty.

### 386 **Garnet Composition Calculation**

387         Our calculations follow Method 1 of Pattison et al. (2011), determining the energetics  
388 associated with the failure of garnet to nucleate by comparing two possible equilibrium systems.

389 The  $P$ - $T$  conditions of garnet nucleation were constrained by the intersection of isopleths in the  
390 TEC calculation, for the purpose of simple comparison with the source papers in which these  
391 samples were originally described. Use of the parallel tangent method would instead lead to the  
392 calculation of different garnet compositions following overstepping, likely leading to larger  
393 apparent oversteps (Pattison et al. 2011; Spear et al. 2014; George and Gaidies 2017). Relevant  
394 data for the calculation of the trapping conditions of inclusions in garnet are generally lacking for  
395 the samples in this study.

396 It is important to be able to equate measured garnet crystal core compositions with the  
397 composition with which garnet first grew. In three of the samples that we use, garnet core  
398 compositions were specifically taken from the centers of the carefully-chosen largest garnet  
399 crystals in the rock matrix (Rappold Complex Sample 35E03 from Gaidies et al. (2008); Sikkim  
400 Sample 24-99 from Gaidies et al. (2015); Nelson Aureole Sample 93-CW-4 from Gaidies et al.  
401 (2011)). In the other examples, we have to assume that the garnet crystals were near-centrally  
402 sectioned. We also assume that minimal diffusional modification occurred during or after garnet  
403 growth, which is probably appropriate for these samples that reached no greater than low-to-mid  
404 amphibolite facies conditions (e.g. Yardley 1978).

## 405 **Results**

406 Results for all twelve samples calculated with ds5.5 are summarized in Table 2.  
407 Comparisons between the published pseudosections, our recalculations, and the rock samples are  
408 described in Supplemental Material Part III and differences are minor. Samples 24-99 (Sikkim,  
409 Himalaya), 35F03 (Rappold Complex), AV26A (Pomfret Dome, Vermont), TM549A (Eastern  
410 Vermont), and 93-CW-4 (Nelson Aureole) are described in detail below, with samples W122  
411 (Eastern Tibet), DM\_06\_128 (Kootenay Arc), 12TM16 (Southeastern Ontario), ED34

412 (Southwest Turkey), D13-75 (Central Himalaya), TH203B (Albion Mountains), and SSFM307-  
413 7G (Funeral Mountains), described in Supplemental Material Part IV (Supplemental Figures 1-  
414 7).

415 Results for the five samples calculated with ds6.2 are summarized in Table 3.  
416 Comparisons of pseudosections calculated with ds5.5 and ds6.2 are highlighted below for three  
417 examples: Sikkim, Pomfret Dome, and Nelson Aureole. Two additional examples (Rappold  
418 Complex and Eastern Vermont) and a discussion of the broad differences between ds5.5 and  
419 ds6.2 calculations are provided in Supplemental Material Part V and Supplemental Material  
420 Figures 8 & 9.

#### 421 **Behavior of Chemical Potentials in Examples with Minimal Overstepping**

422 **Sikkim, Himalaya: Sample 24-99:** In the ds5.5 calculation, isopleths calculated for the  
423 preserved core compositions of garnet intersect in the TEC at 526°C and 5.0 kbar, which is  
424 coincident with the *P-T* of garnet-in (Figure 2A). Differences in the chemical potentials  
425 calculated between the TEC and MSC emerge at garnet-in, producing negative  $\Delta\mu_{\text{MnO}}$ ,  $\Delta\mu_{\text{FeO}}$ ,  
426 and  $\Delta\mu_{\text{Al}_2\text{O}_3}$  and positive  $\Delta\mu_{\text{MgO}}$  (Figure 2C).  $\Delta\mu_{\text{CaO}}$  becomes negative 4°C after garnet-in,  
427 essentially coincident with the *P-T* conditions at which the garnet core isopleths intersect (Figure  
428 2C).

429 Using ds6.2, garnet core isopleths intersect at 525°C and 5.2 kbar, which is consistent  
430 with essentially no overstepping (3°C and 0.3 kbar; Figure 2D). At all *P-T* conditions greater  
431 than garnet-in in the TEC,  $\Delta\mu_{\text{MnO}}$  is negative and  $\Delta\mu_{\text{MgO}}$  is positive (Figure 2F).  $\Delta\mu_{\text{Al}_2\text{O}_3}$ ,  $\Delta\mu_{\text{FeO}}$ ,  
432 and  $\Delta\mu_{\text{CaO}}$  are initially zero, becoming negative after a short interval, at the *P-T* point essentially  
433 consistent with garnet core isopleth intersections (Figure 2F).

434 The topologies of the pseudosections calculated with each thermodynamic dataset are  
435 broadly similar (compare Figure 2A-B with Figure 2D-E), with the main difference being that  
436 biotite is stable in ds5.5 calculations at temperatures greater than  $\sim 550^{\circ}\text{C}$  (Figure 2A), but is  
437 stable over the entire  $P$ - $T$  range of the ds6.2 pseudosection (Figure 2D). However, in both the  
438 ds5.5 and ds6.2 calculations, biotite is present at the peak  $T$  conditions of the sample  $565^{\circ}\text{C}$   
439 (Figure 2, peak  $T$  from Gaidies et al. 2015). Thus, both the ds5.5 and ds6.2 calculations yield  
440 appropriate assemblages at peak metamorphic conditions.

441  $\Delta\mu_{\text{MnO}}$  is negative and  $\Delta\mu_{\text{MgO}}$  is positive at  $P$ - $T$  conditions greater than initial garnet  
442 stability in calculations using both datasets (Figure 2C, 2F).  $\Delta\mu_{\text{Al}_2\text{O}_3}$ ,  $\Delta\mu_{\text{CaO}}$ , and  $\Delta\mu_{\text{FeO}}$  are  
443 negative in calculations using both datasets. In ds5.5,  $\Delta\mu_{\text{Al}_2\text{O}_3}$  and  $\Delta\mu_{\text{FeO}}$  are negative directly  
444 above garnet-in, with  $\Delta\mu_{\text{CaO}}$  becoming negative  $4^{\circ}\text{C}$  above garnet-in. The pattern is similar in the  
445 ds6.2 calculation, though displaced to a slightly higher temperature. In both datasets,  $\Delta\mu$  of all  
446 components diverges from zero at a  $P$ - $T$  approximately coincident with the garnet core isopleth  
447 intersection.

448 **Rappold Complex: Sample 35F03:** Along the inferred  $P$ - $T$  path in the ds5.5 calculation, garnet-  
449 in is at  $531^{\circ}\text{C}$  and 4.4 kbar (Figure 3A). Garnet core isopleths do not intersect as tightly in this  
450 sample, though spessartine and grossular contents intersect at  $531^{\circ}\text{C}$  and 4.4 kbar, suggesting  
451 little to no overstepping. Again, at  $P$ - $T$  conditions directly above garnet-in,  $\Delta\mu_{\text{CaO}}$  and  $\Delta\mu_{\text{MgO}}$   
452 become positive and  $\Delta\mu_{\text{MnO}}$ ,  $\Delta\mu_{\text{FeO}}$ , and  $\Delta\mu_{\text{Al}_2\text{O}_3}$  become increasingly negative (Figure 3C).  
453 There is no  $P$ - $T$  interval above garnet-in at which  $\Delta\mu$  of any examined component remains at  
454 zero.

455 **Behavior of Chemical Potentials in Examples with Apparent Overstepping**

456 **Eastern Vermont: Sample TM549A:** The intersection of garnet core isopleths is at 540°C and  
457 5.8 kbar, suggesting a minimum 35°C and 1.5 kbar overstep (Figure 4A). Within this apparent  
458 overstepped region,  $\Delta\mu_{\text{MnO}}$  and  $\Delta\mu_{\text{CaO}}$  become negative and  $\Delta\mu_{\text{MgO}}$  becomes positive directly  
459 after garnet-in (Figure 4C).  $\Delta\mu_{\text{FeO}} = 0$  for the first 6°C above garnet-in, before becoming  
460 negative.  $\Delta\mu_{\text{Al}_2\text{O}_3}$  is initially zero, becoming negative at 541°C and 5.8 kbar, essentially  
461 coincident with the  $P$ - $T$  at which the garnet core isopleths intersect.

462 Pressure has also been estimated in this sample by quartz-in-garnet elastic barometry.  
463 Results from Spear et al. (2014) suggest that, if we assume a temperature of 540°C, garnet  
464 nucleation occurred at 8.0 kbar (their Figure 8). We calculated the  $\Delta\mu_{\text{component}}$  values along a  
465 vector that connects garnet-in in our pseudosection to this  $P$ - $T$  estimate (Figure 4A,D). At all  $P$ - $T$   
466 conditions above garnet-in along this vector  $\Delta\mu_{\text{MnO}}$  and  $\Delta\mu_{\text{CaO}}$  are negative and  $\Delta\mu_{\text{MgO}}$  is  
467 positive.  $\Delta\mu_{\text{FeO}}$  becomes negative at 499°C and 5.1 kbar, and  $\Delta\mu_{\text{Al}_2\text{O}_3}$  is the final component to  
468 experience a deviation between the TEC and MSC at 521°C and 6.5 kbar (Figure 4D).

469 **Pomfret Dome, Vermont: Sample AV26A:** In the ds5.5 calculation, Garnet core isopleths for  
470 this sample intersect at 540°C and 7.4 kbar, 38°C and 2.3 kbar above the closest segment of the  
471 garnet-in curve (Figure 5A). Along a simple  $P$ - $T$  path between these points, a)  $\Delta\mu_{\text{MnO}}$  is negative  
472 at all  $P$ - $T$  conditions above garnet-in (Figure 5C), b)  $\Delta\mu_{\text{CaO}}$  and  $\Delta\mu_{\text{MgO}}$  are both initially zero,  
473 deviating at 504°C and 5.2 kbar, c)  $\Delta\mu_{\text{FeO}}$  is initially zero, becoming negative at 514°C and 5.8  
474 kbar, and d)  $\Delta\mu_{\text{Al}_2\text{O}_3}$  is zero until 530°C and 6.7 kbar, then becoming negative (Figure 5C). All  
475 chemical potentials experience a deviation between the TEC and MSC prior to the  $P$ - $T$   
476 conditions where the garnet core isopleths intersect.

477 Using ds6.2, garnet core isopleths intersect at 548°C and 7.8 kbar (Figure 5D), equating  
478 to an approximately 38°C and 2.3 kbar overstep (Figure 5D).  $\Delta\mu_{\text{MnO}}$  and  $\Delta\mu_{\text{CaO}}$  are negative and

479  $\Delta\mu_{\text{MgO}}$  is positive at all conditions greater than garnet-in (Figure 5F).  $\Delta\mu_{\text{FeO}}$  becomes negative  
480 after 518°C and 6.0 kbar and  $\Delta\mu_{\text{Al}_2\text{O}_3}$  becomes negative at 520°C and 6.1 kbar.

481 The topologies of the ds5.5 and ds6.2 pseudosections are again very similar, containing  
482 biotite, chlorite, garnet, muscovite, plagioclase, and quartz in the field where the garnet core  
483 isopleths intersect. These intersections also occur at very similar conditions in both calculations  
484 and yield identical apparent oversteps in each case. With both datasets,  $\Delta\mu$  of all components  
485 deviates from zero at or before the  $P$ - $T$  point at which garnet core isopleths intersect, and in both  
486 ds5.5 and ds6.2  $\Delta\mu_{\text{Al}_2\text{O}_3}$  is the final component to experience a difference between the TEC and  
487 MSC.

488 **Nelson Aureole, British Columbia: Sample 93-CW-4:** In this ds5.5 example, the calculated  
489 garnet core isopleths do not intersect (Figure 6A). We thus assume garnet nucleation at 545°C  
490 and 3.5 kbar, as previously calculated by Gaidies et al. (2011) (their Figure 6B). This coincides  
491 with the equilibrium staurolite-in reaction (Figure 6A), so the stability of staurolite was also  
492 suppressed in the MSC calculation (Figure 6B). Chemical potential differences generally run  
493 parallel to garnet-in reactions unless additional phases such as andalusite are calculated in the  
494 TEC (Figure 6C-G). Our choice of an isobaric heating  $P$ - $T$  path for this contact metamorphic  
495 setting is thus unlikely to have a significant effect on the trends in the  $\Delta\mu$  calculations. At  $P$ - $T$   
496 conditions greater than garnet-in in the TEC,  $\Delta\mu$  of all components other than MnO is zero for at  
497 least an additional 10°C.  $\Delta\mu_{\text{Al}_2\text{O}_3}$  diverges last, becoming negative at 528°C (Figure 6H).

498 Isopleths for measured garnet core compositions do not intersect in the ds6.2 calculations,  
499 where the composition of garnet also never reaches the measured manganese contents of crystal  
500 cores ( $X_{\text{sps}} = 0.31$ ), hence the  $X_{\text{sps}}$  isopleth is not shown in Figure 7A. We thus assume, as in the  
501 ds5.5 calculation for this sample, that the  $P$ - $T$  conditions of garnet nucleation are 545°C and 3.5

502 kbar. Along a heating path,  $\Delta\mu_{\text{MgO}}$  immediately becomes positive at  $P$ - $T$  conditions greater than  
503 garnet-in, while  $\Delta\mu_{\text{MnO}}$  becomes negative (Figure 7C),  $\Delta\mu_{\text{CaO}}$  is negative above 448°C,  $\Delta\mu_{\text{FeO}}$  is  
504 negative above 525°C, and  $\Delta\mu_{\text{Al}_2\text{O}_3}$  becomes negative after 539°C, at slightly lower  $T$  conditions  
505 than assumed garnet nucleation in this sample.

506 Several significant differences exist between the ds5.5 and ds6.2 pseudosections for this  
507 sample (Figures 6 & 7). The stability fields of both garnet and zoisite are expanded in ds6.2  
508 relative to the ds5.5 calculations, which is consistent with other studies (White et al. 2014a;  
509 Waters 2019). No substantial differences are apparent in the stability of other phases, including  
510 staurolite, with an initial stability at ~545°C and 3.5 kbar in both cases. As a result of this  
511 expanded garnet stability field, there is a greater  $\Delta T$  of overstepping in the ds6.2 calculation.

512 The chemical potential trends are similar in ds5.5 and ds6.2 calculations. In both cases,  
513  $\Delta\mu_{\text{MnO}}$  immediately becomes negative at the  $P$ - $T$  of initial garnet stability (Figure 6H, 7C),  
514  $\Delta\mu_{\text{Al}_2\text{O}_3}$  is the final component to experience a difference, and the  $P$ - $T$  at which that occurs is  
515 nearly coincident with the  $P$ - $T$  point at which Gaidies et al. (2011) calculated garnet nucleation.  
516 There is, however, a greater temperature interval where  $\Delta\mu_{\text{Al}_2\text{O}_3} = 0$  in the ds6.2 calculation,  
517 resulting from the expanded garnet stability field in ds6.2.

## 518 Discussion

### 519 Interpretation of Chemical Potential Calculations

520 Our calculations show that the chemical potentials of all garnet-forming components  
521 typically experience a difference between the TEC and MSC prior to the  $P$ - $T$  conditions at which  
522 garnet nucleates, as inferred from garnet core isopleth intersections.

523 For samples 24-99 (Sikkim), 35F03 (Rappold Complex), W122 (Eastern Tibet) and  
524 DM\_06\_128 (Kootenay Arc), the garnet core isopleths intersect at effectively the  $P$ - $T$  of garnet-

525 in. This can be interpreted as lack of garnet overstepping, agreeing with previous interpretations  
526 of these samples (Gaidies et al. 2008, 2015; George and Gaidies 2017). In these examples,  $\Delta\mu_{\text{all}}$   
527 components  $\neq 0$  at conditions immediately up-temperature and pressure of garnet-in in the TEC  
528 (Figures 2, 3, Supplemental Figures 1-2,8).

529 In contrast, calculations using both tested datasets for samples 93-CW-4 (Nelson  
530 Aureole), AV26A (Pomfret Dome), and TM549a (Eastern Vermont), and calculations using  
531 ds5.5 for samples 12TM16 (Southeastern Ontario), ED34 (Southwest Turkey), D13-75 (Central  
532 Himalaya), TH203B (Albion Mountains), and SSFM307-7G (Funeral Mountains) show that  $\Delta\mu$   
533 of at least one component is zero immediately up temperature of garnet-in. This is represented  
534 schematically in Figure 8, in which a hypothetical simplified three-component system is drawn  
535 with tangent planes that represent the lowest free energy of the TEC (gray) and the MSC  
536 (yellow). In this case,  $P$ - $T$  conditions exist above garnet-in at which  $\mu_{\text{Al}_2\text{O}_3}$  is identical in the TEC  
537 and MSC, despite differences in  $\mu_{\text{MgO}}$  and  $\mu_{\text{FeO}}$  (Figure 8B-C). In the eight overstepped examples  
538 shown in this paper  $\Delta\mu_{\text{Al}_2\text{O}_3}$  is the final component to experience a deviation between the TEC  
539 and MSC (Tables 2 & 3).

540 For certain components (MgO in all examples and CaO for samples 35F03 and 12TM16),  
541  $\Delta\mu_{\text{component}}$  is positive at  $P$ - $T$  conditions greater than the TEC's garnet-in. Geometrically, this is  
542 shown in Figure 8, in which the tangent planes evolve so that the TEC tangent plane (gray) has a  
543 greater  $\mu_{\text{MgO}}$  than the MSC tangent plane (yellow), resulting in a positive  $\Delta\mu_{\text{MgO}}$  (Figure 8B-C).  
544 This is related to the preferential partitioning of MgO into other phases such as chlorite and  
545 biotite at lower to middle amphibolite-facies temperatures (e.g. Ferry and Spear 1978; Holland et  
546 al. 1998; Vidal 1999; Lanari et al. 2014). We stress here that while chemical potential gradients  
547 drive diffusion in natural systems, the positive  $\Delta\mu$  values in our calculations should not be



548 interpreted as diffusional gradients driving MgO and CaO away from a garnet nucleus, with  
549 these calculations having no spatial context.

### 550 **The Key Role of Al<sub>2</sub>O<sub>3</sub>**

551 In the eight examples where overstepping appears to have been significant (Eastern  
552 Vermont, Pomfret Dome, Nelson Aureole, Southeastern Ontario, Southwest Turkey, Central  
553 Himalaya, Albion Mountains, and Funeral Mountains),  $\Delta\mu_{\text{Al}_2\text{O}_3}$  persists at or very close to zero  
554 until substantially greater  $P$ - $T$  than the TEC's garnet-in (Table 2). This reflects the evolution of  
555 TEC and MSC tangent planes (Figure 8B-C). For three out of the eight overstepped examples  
556 (Eastern Vermont, Central Himalaya, and Funeral Mountains), the  $P$ - $T$  location at which  $\Delta\mu_{\text{Al}_2\text{O}_3}$   
557 first diverges from zero is at the  $P$ - $T$  at which the garnet core isopleths intersect. In the Pomfret  
558 Dome example,  $\Delta\mu_{\text{Al}_2\text{O}_3}$  becomes negative 10°C below the  $P$ - $T$  of the garnet core isopleth  
559 intersection. In the four remaining examples (Southeastern Ontario, Southwest Turkey, Nelson  
560 Aureole, and Albion Mountains),  $\Delta\mu_{\text{Al}_2\text{O}_3}$  diverges >10°C below the point at which the garnet  
561 core isopleths intersect.

562 It is unlikely that  $\Delta\mu_{\text{Al}_2\text{O}_3}$  consistently being the final component to diverge between the  
563 TEC and MSC results from the choice of  $P$ - $T$  path. In the 2D graph of  $\Delta\mu_{\text{Al}_2\text{O}_3}$  (Figure 6G), most  
564 possible heating paths would lead to a similar result for  $\Delta\mu_{\text{Al}_2\text{O}_3}$ . In the Eastern Vermont  
565 example, where we described the evolution of  $\Delta\mu$  along two different  $P$ - $T$  paths (Figure 4C,D),  
566  $\Delta\mu_{\text{Al}_2\text{O}_3}$  is the final component to experience a deviation between the TEC and MSC in both  
567 cases. The coincidence of  $\Delta\mu_{\text{Al}_2\text{O}_3} \neq 0$  and the  $P$ - $T$  of garnet nucleation is more robust for the  
568 garnet core isopleth intersection (Figure 4C) than the quartz-in-garnet barometry determination  
569 (Figure 4D), indicating that this relationship is partially dependent on the method of determining  
570 the  $P$ - $T$  of garnet nucleation.

571 In all five examples using ds6.2,  $\Delta\mu_{\text{Al}_2\text{O}_3}$  is the final component to experience a difference  
572 between the TEC and MSC (Table 3). In the Sikkim, Rappold Complex, and Nelson Aureole  
573 samples, this deviation in  $\Delta\mu_{\text{Al}_2\text{O}_3}$  occurs within 10°C of the  $P$ - $T$  at which the garnet core  
574 isopleths intersect. Once again, this suggests that the calculated equilibrium garnet composition  
575 at the  $P$ - $T$  at which  $\Delta\mu_{\text{all components}}$  diverge from zero coincides with the preserved compositions of  
576 appropriate natural garnet crystal cores.

### 577 **The Role of $X_{\text{MnO}}$ in Pseudosection Calculations**

578 The only difference between examples calculated within any given dataset is the bulk-  
579 rock composition (compositions are listed in Supplemental Material Part II). In general, samples  
580 with lower bulk rock MnO content display the least apparent overstepping of garnet nucleation.

581 Figure 9 shows TEC and MSC versions of a  $T$ - $X_{\text{MnO}}$  diagram for sample AV26A (Bell et  
582 al. 2013) in which the  $x$  axis ranges from 0 to 0.2 wt.% MnO, with other components fixed in the  
583 ratio reported by Bell et al. (2013). The temperature at which garnet stability is first calculated  
584 scales inversely with the bulk rock MnO content. At 0.05 wt.% MnO there is a <10°C difference  
585 between garnet-in and  $\Delta\mu_{\text{Al}_2\text{O}_3} \neq 0$ , at 0.10 wt.% MnO, the temperature difference between  
586 garnet-in and  $\Delta\mu_{\text{Al}_2\text{O}_3} \neq 0$  is 35°C, and at 0.15 wt.% MnO the temperature difference between  
587 garnet-in and  $\Delta\mu_{\text{Al}_2\text{O}_3} \neq 0$  is >75°C (Figure 9C). Thus, as the bulk-rock MnO content increases,  
588 the temperature of garnet-in decreases, and a substantial window opens between garnet-in and  
589 the initial decrease of  $\Delta\mu_{\text{Al}_2\text{O}_3}$ . Thus, if  $\Delta\mu_{\text{Al}_2\text{O}_3} \neq 0$  can be used as an approximate indicator of  $P$ -  
590  $T$  conditions at which garnet nucleation is likely, then rocks with a greater bulk rock MnO might  
591 be expected to exhibit more pronounced apparent overstepping of garnet-in reactions. This  
592 results from high MnO contents lowering the calculated temperature of garnet-in reactions  
593 without significantly changing the equilibrium garnet composition at higher temperatures

594 (Symmes and Ferry 1992; Mahar et al. 1997; Tinkham et al. 2001; Caddick and Thompson 2008;  
595 White et al. 2014b).

596         Due to the challenges of experimentally creating Mn end-member phases,  
597 thermodynamic data for Mn end-members were either calculated based on natural partitioning  
598 data in well-equilibrated natural rock samples or estimated based on experimental constraints for  
599 other end-members (Mahar et al. 1997) and estimated Margules parameters (White et al. 2014b).  
600 Therefore, the uncertainties on the equilibria for Mn-bearing phases are likely greater than the  
601 uncertainties on end members with more robust experimental constraints. The strong dependence  
602 of garnet-in on the MnO bulk rock content may partially be a function of poorly constrained  
603 thermodynamic data or may be impacted by the sequestration of MnO by accessory phases  
604 (McCarron et al. 2019). Simply recalculating phase equilibria in a MnO-free system is not an  
605 appropriate way to mitigate this phenomenon, with the calculated initial stability of garnet then  
606 moving to higher *P-T* than suggested by independent constraints (e.g. White et al. 2014b).

607         It is also clear that immediately up-pressure and -temperature of calculated garnet-in  
608 reactions, calculated volume abundances of garnet in the TEC are extremely small (labeled in  
609 panel A of Figures 2-7). In the examples from Sikkim (ds5.5 & ds6.2) and the Rappold Complex  
610 (ds6.2), garnet core isopleths intersect at a point at which 0.5% of the calculated rock volume is  
611 garnet in the TEC. None of the other calculations suggest core isopleth intersections at  
612 conditions at which the TEC predicts the stability of much more than 1% garnet. This suggests  
613 that while the *P-T* range of garnet stability appears large, very low abundances of garnet would  
614 be expected over much of this range. Even if garnet is stable in a natural rock, abundances of less  
615 than 0.5% may not be readily detected in thin section. It is thus important to carefully interrogate  
616 the calculated abundances of phases while interpreting pseudosection results.

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## Implications

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Examples used in this paper are consistent with previous observations that suggest that overstepping of garnet-in reactions occurs in a variety of metamorphic settings (e.g. Pattison and Tinkham 2009; Gaidies et al. 2011; Pattison et al. 2011; Dragovic et al. 2012; Spear et al. 2014; Carlson et al. 2015; Castro and Spear 2016; Wolfe and Spear 2017; Spear and Wolfe 2018). It is thus important to consider: i) the tectonic implications of overstepping, ii) the utility of these chemical potential calculations, iii) the definition of the garnet-in curve, and iv) interrogation of the thermodynamic data.

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Comparison of the amount of overstep and geochronological constraints on the duration of garnet growth provide important evidence that overstepping can influence interpretations of tectonic processes. In an example from Sifnos, Greece, garnet experienced a large overstepping of  $\sim 100^\circ\text{C}$  and 7 kbar during subduction, then grew cm-sized crystals in  $\ll 1.0$  Myr (Dragovic et al. 2012). Other samples in Sifnos experienced an apparently smaller overstep and grew 3–5 cm crystals over  $\sim 8$  Myr (Dragovic et al. 2015). In the regionally metamorphosed Eastern Vermont terrane (geographically near the samples described by Bell et al. (2013) and Spear et al. (2014)), garnet crystals nucleated after a  $\sim 35^\circ\text{C}$  overstep (Dragovic et al. 2018) and then grew up to  $\sim 2.5$  cm in diameter in  $3.8 \pm 2.2$  Myr during regional metamorphism (Gatewood et al. 2015). In the Cascades Crystalline Core, garnet experienced  $\sim 30\text{--}40^\circ\text{C}$  of overstepping and then grew over a period of  $< 6$  Myr (Stowell et al. 2011). Thus, it appears that examples with extreme overstepping may subsequently result in very rapid garnet growth, while moderate overstepping results in slower garnet growth rates. This follows from the fact that nucleation rate is a function of the amount of temperature overstep and that the kinetics of intergranular transport are dependent on the absolute temperature of the system (e.g. Waters & Lovegrove 2002). Thus, if a

640 system is overstepped at high temperature, eventual crystal nucleation will be followed by  
641 efficient transport to the nuclei. This link between overstepping and the duration of garnet  
642 growth has potentially important implications for understanding the pulsed or continuous nature  
643 of metamorphism and its associated fluid generation.

644 In the minimally overstepped examples, there is an immediate difference in the chemical  
645 potential of all components at garnet-in. In the more significantly overstepped examples, there is  
646 an ‘area’ of  $P$ - $T$  space in which  $\Delta\mu_{\text{Al}_2\text{O}_3} = 0$ , but garnet is nominally stable. Thus, the calculation  
647 of chemical potentials in the TEC and MSC may be used as a first order approximation to assess  
648 whether a rock experienced substantially overstepped garnet-in reactions.

649 Much of the previous discussion about overstepped garnet nucleation and growth has  
650 focused on improving methodologies to determine the  $P$ - $T$  of garnet nucleation and comparing  
651 and contrasting the  $P$ - $T$  of garnet nucleation constrained by different methodologies. Our work  
652 highlights that this discussion of overstepping must also include: i) consideration of the factors  
653 controlling the position of garnet-in curves, and ii) interrogation of additional information  
654 inherent in pseudosection calculations.

655 The garnet-in curve is generally defined as the  $P$ - $T$  at which garnet first becomes  
656 thermodynamically stable in the TEC. Alternatively, we can explore the consequences of  
657 approximating garnet-in as the  $P$ - $T$  at which  $\Delta\mu_{\text{Al}_2\text{O}_3} \neq 0$ . If that were the case, then all of the  
658 overstepped examples explored here would have lower apparent oversteps. For the three  
659 examples (Eastern Vermont, Central Himalaya, Funeral Mountains) in which  $\Delta\mu_{\text{Al}_2\text{O}_3} \neq 0$  aligns  
660 with the  $P$ - $T$  at which the garnet core isopleths intersect, this would lead to an interpretation that  
661 those rocks are not overstepped.

662 In many of our examples, the modal abundance of garnet calculated at  $P$ - $T$  conditions  
663 immediately greater than garnet-in is  $< 0.5\%$ . It is unclear if this would always be detected in a  
664 thin section point count (see Howarth (1998) for a discussion on the likely probabilities and  
665 errors associated with point counting). This leads to an interesting discrepancy between field,  
666 petrographic, and pseudosection calculations. For example, in the Nelson Aureole, Pattison &  
667 Tinkham (2009) calculate initial garnet stability in the pseudosection to be at  $527^{\circ}\text{C}$ . Based on  
668 thermal modelling of the Nelson Batholith and associated contact aureole, this should occur 2300  
669 meters from the batholith. However, the isograd is mapped in the field (based on the first visible  
670 presence of garnet) at 1400 meters from the batholith. Thus, there are 900 meters (equating to  
671  $30^{\circ}\text{C}$ ) of section in which garnet has been calculated to be thermodynamically stable, but has not  
672 been recognized in the field or in thin section. Our pseudosection recalculations for this locality  
673 suggest that rocks would only contain  $0.5\%$  garnet by volume at  $P$ - $T$  conditions immediately  
674 greater than garnet-in. This may not be readily detected without study of numerous thin sections  
675 and hand specimens, and in many cases it may thus be more appropriate to redefine an ‘effective  
676 garnet-in’ as the  $P$ - $T$  conditions at which a more substantial garnet fraction would be stable.

#### 677 **Acknowledgements**

678 ABN acknowledges funding from the Virginia Tech ICTAS Doctoral Scholars Program. BD and  
679 MJC acknowledge support from NSF award OIA 1545903 (to M. Kohn, S. Penniston-Dorland,  
680 and M. Feineman). Harold Stowell, Oliver Wolfe, Jacob Forshaw, and an anonymous reviewer  
681 are thanked for constructive and helpful reviews. We thank Callum Hetherington for his handling  
682 of this paper as Associate Editor and David Pattison is thanked for comments on an earlier  
683 version of this manuscript. Members of the Metamorphic Processes Group at Virginia Tech are

684 thanked for discussions on this project and Victor Guevara and Calvin Mako are thanked for  
685 detailed comments.

686

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### 1067 **Figure Captions**

1068 **Figure 1:** Overview of the methodologies applied in this paper. A. Schematic TEC  
1069 pseudosection for a theoretical pseudosection (hypothetical bulk composition), with mineral  
1070 abbreviations from Whitney & Evans (2010). Bold dashed line indicates the bounds of garnet  
1071 stability. Compositional isopleths corresponding to measured garnet core compositions are  
1072 shown in green ( $X_{sps}$ ), yellow ( $X_{grs}$ ), red ( $X_{alm}$ ), and blue ( $X_{prp}$ ). Maroon hexagon indicates the  
1073 intersection of the garnet core isopleths and thus apparent garnet nucleation. Arrow represents  
1074 the shortest vector from garnet-in to this *P-T* condition. B. MSC pseudosection for the same

1075 hypothetical bulk composition, yielding an identical assemblage but without garnet. C. Free-  
1076 energy–composition (*G-X*) diagram showing stable minerals X and Z and the tangent that defines  
1077 the chemical potentials of MgO and FeO in a two-component system. D: *G-X* diagram showing  
1078 stable minerals W, X and Z and the tangent plane in a three-component system. E: Differences in  
1079 the chemical potential of oxide components between the calculations shown in A and B along the  
1080 *P-T* path shown. in A and B (i.e.  $\Delta\mu_{\text{MgO}} = \mu_{\text{MgO TEC}} - \mu_{\text{MgO MSC}}$ ).

1081 **Figure 2:** A. TEC pseudosection for sample 24-99 (Sikkim, Himalaya) calculated with ds5.5. B.  
1082 MSC pseudosection for sample 24-99. C.  $\Delta\mu_{\text{component}}$  along the *P-T* path shown in A & B. D.  
1083 TEC pseudosection for sample 24-99 (Sikkim, Himalaya) calculated with ds6.2. E. MSC  
1084 pseudosection for sample 24-99. C.  $\Delta\mu_{\text{component}}$  along the *P-T* path shown in D & E.

1085 **Figure 3:** A. TEC pseudosection for sample 35F03 (Rappold Complex) calculated with ds5.5. B.  
1086 MSC pseudosection for sample 35F03. C.  $\Delta\mu_{\text{component}}$  along the *P-T* path shown in A & B.

1087 **Figure 4:** A. TEC pseudosection for sample TM549A (Eastern Vermont) calculated with ds5.5.  
1088 B. MSC pseudosection for sample TM549A. C.  $\Delta\mu_{\text{component}}$  along *P-T* path #1 shown in A & B.  
1089 D.  $\Delta\mu_{\text{component}}$  along *P-T* path #2 shown in A & B.

1090 **Figure 5:** A. TEC pseudosection for sample AV26A (Pomfret Dome) calculated with ds5.5. B.  
1091 MSC pseudosection for sample AV26A. C.  $\Delta\mu_{\text{component}}$  along the *P-T* path shown in A & B. D.  
1092 TEC pseudosection for sample AV26A (Pomfret Dome) calculated with ds6.2. E. MSC  
1093 pseudosection for sample AV26A. F.  $\Delta\mu_{\text{component}}$  along the *P-T* path shown in A & B.

1094 **Figure 6:** A. TEC pseudosection for sample 93-CW-4 (Nelson Aureole), calculated with ds5.5.  
1095 B. MSC pseudosection for sample 93-CW-4. C-G.  $\Delta\mu_{\text{MgO}}$ ,  $\Delta\mu_{\text{MnO}}$ ,  $\Delta\mu_{\text{FeO}}$ ,  $\Delta\mu_{\text{CaO}}$ , and  $\Delta\mu_{\text{Al}_2\text{O}_3}$  as  
1096 functions of *P* and *T*. H.  $\Delta\mu_{\text{component}}$  along the heating path shown in A-G.



1097 **Figure 7:** A. TEC pseudosection for sample 93-CW-04 (Nelson Aureole) calculated with ds6.2.

1098 B. MSC pseudosection for sample 93-CW-04. C.  $\Delta\mu_{\text{component}}$  along the  $P$ - $T$  path shown in A & B.

1099 **Figure 8:** A: Schematic three component  $G$ - $X$  diagram at  $P$ - $T$  conditions where garnet is not

1100 stable in the TEC. Gray triangle is the tangent plane through stable phases whose  $G$ - $X$  surfaces

1101 have been removed for clarity. B.  $G$ - $X$  diagram at  $P$ - $T$  conditions where garnet is stable in the

1102 TEC but has been prohibited in the MSC (yellow tangent plane).  $\mu_{\text{MgO}}$  and  $\mu_{\text{FeO}}$  are different

1103 between the TEC and MSC but  $\Delta\mu_{\text{Al}_2\text{O}_3}$  is the same in each. C. Further increase in  $\Delta\mu_{\text{MgO}}$  and

1104  $\Delta\mu_{\text{FeO}}$  without developing  $\Delta\mu_{\text{Al}_2\text{O}_3}$ . D. A  $G$ - $X$  diagram for  $P$ - $T$  conditions at which the chemical

1105 potentials of all three components differ between the TEC and MSC.

1106 **Figure 9:** A.  $T$ - $X_{\text{MnO}}$  TEC diagram for sample AV26A at  $P = 5.0$  kbar.  $X$  axis ranges from 0.0

1107 wt% MnO to 0.2 wt% MnO. Dashed line denotes garnet-in. B.  $T$ - $X_{\text{MnO}}$  MSC diagram for sample

1108 AV26A at  $P = 5.0$  kbar. C.  $T$ - $X_{\text{MnO}}$  diagram contoured for  $\Delta\mu_{\text{Al}_2\text{O}_3}$  (J/mol).

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**Table 1:** Comparison of amount of overstepping reported in the literature and that calculated in this ds5.5 thermodynamic dataset. \*\* = sample described in main text. \* =sample described in Supple

Location	Sample #	Original Source	Reported in the Literature	
			<i>P-T</i> of Garnet Nucleation	Amount of Apparent Overstep
<b>Examples with Minimal Overstepping (&lt;10°C and 0.5</b>				
Sikkim, Himalaya **	24-99	Gaidies et al.	520°C 4.5 kbar	0°C 0 kbar
Rappold Complex **	35F03	Gaidies et al.	530°C 5.2 kbar	0°C 0 kbar
Eastern Tibet *	W122	Weller et al. 2013	not reported	not reported
Kootenary Arc *	DM_06_128	Moynihan & Pattison 2013	500°C 5.2 kbar	<10°C <0.5 kbar
<b>Examples with Apparent Overstepping (&gt;10°C and 0</b>				
Eastern Vermont **	TM549a	Spear et al. 2014	540°C 8.0 kbar	10°C 0.6 kbar
Pomfret Dome **	AV26A	Bell et al. 2013	550°C 8.0 kbar	30°C 1.5 kbar
Nelson Aureole **	93-CW-4	Gaidies et al. 2011	545°C 3.5 kbar	30°C 0 kbar
Southeastern Ontario *	12TM16	McCarron et al. 2014	512°C 4.0 kbar	32°C 1.1 kbar
Southwest Turkey *	ED34	Etzel et al. 2019	565°C 6.0 kbar	25°C 0.8 kbar
Central Himalaya *	D13-75	Iaccarino et al. 2017	520°C 5.5 kbar	30°C 0.7 kbar
Albion Mountains *	TH203B	Kelly et al. 2015	550°C 5.1 kbar	50°C 0.7 kbar
Funeral Mountains *	SSFM307-7G	Craddock-Affinati et al. 2020	550°C 6.1 kbar	>50°C >2 kbar

s study using the THERMOCALC  
mental Material

**This Study (ds5.5)**

<i>P-T</i> of Garnet Nucleation	Amount of Apparent Overstep
<b>5 kbar)</b>	
526°C 5.0 kbar	0°C 0 kbar
531°C 4.4 kbar	0°C 0 kbar
547°C 4.9 kbar	0°C 0 kbar
491°C 5.0 kbar	4°C 0.2 kbar
<b>.5 kbar)</b>	
540°C 5.8 kbar	35°C 1.5 kbar
540°C 7.4 kbar	38°C 2.3 kbar
545°C 3.5 kbar	43°C 0 kbar
530°C 4.4 kbar	34°C 1.0 kbar
550°C 6.3 kbar	26°C 1.2 kbar
530°C 5.4 kbar	22°C 1.0 kbar
550°C 6.3 kbar	43°C 1.9 kbar
552°C 7.1 kbar	34°C 1.7 kbar

**Table 2:** Summary of Results for 12 Samples Calculated Using THERMOCALC ds5.5. \*\* = sample de:

Location	<i>P-T</i> of Garnet Isograd	<i>P-T</i> of Garnet Nucleation	Amount of Apparent Overstep	First Component(s) whose $\Delta\mu \neq 0$
<b>Examples with Minimal Overstepping</b>				
Sikkim, Himalaya **	526°C 5.0 kbar	526°C 5.0 kbar	0°C 0 kbar	MnO, MgO, Al <sub>2</sub> O <sub>3</sub> , FeO
Rappold Complex **	531 °C 4.4 kbar	531°C 4.4 kbar	0°C 0 kbar	MnO, MgO, Al <sub>2</sub> O <sub>3</sub> , FeO, CaO
Eastern Tibet *	547°C 4.9 kbar	547°C 4.9 kbar	0°C 0 kbar	MnO, MgO, FeO, CaO
Kootenary Arc *	487°C 4.8 kbar	491°C 5.0 kbar	4°C 0.2 kbar	MnO, MgO, FeO, CaO
<b>Examples with Apparent Overstepping</b>				
Eastern Vermont **	505 °C 4.3 kbar	540°C 5.8 kbar	35°C 1.5 kbar	MnO, MgO, CaO
Pomfret Dome **	502 °C 5.1 kbar	540°C 7.4 kbar	38°C 2.3 kbar	MnO
Nelson Aureole **	502 °C 3.5 kbar	545°C 3.5 kbar	43°C 0 kbar	MnO
Southeastern Ontario *	496 °C 3.4 kbar	530°C 4.4 kbar	34°C 1.0 kbar	MnO, MgO
Southwest Turkey *	524 °C 5.1 kbar	550°C 6.3 kbar	26°C 1.2 kbar	MnO, MgO
Central Himalaya *	508 °C 4.4 kbar	530°C 5.4 kbar	22°C 1.0 kbar	MnO, FeO, MgO, CaO
Albion Mountains *	507 °C 4.4 kbar	550°C 6.3 kbar	43°C 1.9 kbar	MnO, MgO, CaO
Funeral Mountains *	518 °C 5.4 kbar	552°C 7.1 kbar	34°C 1.7 kbar	MnO, MgO

scribed in main text. \* =sample described in Supplemental Material.

<i>P-T</i> Conditions Where First $\Delta\mu_{\text{component}} \neq 0$	$\Delta T$ & $\Delta P$ Between <i>P-T</i> of Garnet-in and <i>P-T</i> Where First Component(s) $\neq 0$	Final Component(s) whose $\Delta\mu \neq 0$	<i>P-T</i> Conditions Where Last $\Delta\mu_{\text{component}} \neq 0$	$\Delta T$ & $\Delta P$ Between <i>P-T</i> of Garnet-in and <i>P-T</i> Where Last Component(s) $\neq 0$
<b>g (&lt;10°C and 0.5 kbar)</b>				
526°C 5.0 kbar	0°C 0 kbar	CaO	530°C 5.2 kbar	4°C 0.2 kbar
531°C 4.4 kbar	0°C 0 kbar	N/A	N/A	N/A
547°C 4.9 kbar	0°C 0 kbar	Al <sub>2</sub> O <sub>3</sub>	549°C 4.9 kbar	2°C 0 kbar
487°C 4.8 kbar	0°C 0 kbar	Al <sub>2</sub> O <sub>3</sub>	492°C 5.1 kbar	5°C 0.3 kbar
<b>1g (&gt;10°C and 0.5 kbar)</b>				
505°C 4.3 kbar	0°C 0 kbar	Al <sub>2</sub> O <sub>3</sub>	541°C 5.8 kbar	36°C 1.5 kbar
502°C 5.1 kbar	0°C 0 kbar	Al <sub>2</sub> O <sub>3</sub>	530°C 6.7 kbar	28°C 1.6 kbar
502°C 3.5 kbar	0°C 0 kbar	Al <sub>2</sub> O <sub>3</sub>	528°C 3.5 kbar	26°C 0 kbar
496°C 3.4 kbar	0°C 0 kbar	Al <sub>2</sub> O <sub>3</sub>	513°C 3.8 kbar	17°C 0.4 kbar
524°C 5.1 kbar	0°C 0 kbar	Al <sub>2</sub> O <sub>3</sub> , CaO	532°C 5.5 kbar	8°C 0.4 kbar
508°C 4.4 kbar	0°C 0 kbar	Al <sub>2</sub> O <sub>3</sub>	532°C 5.5 kbar	24°C 1.1 kbar
507°C 4.4 kbar	0°C 0 kbar	Al <sub>2</sub> O <sub>3</sub>	532°C 5.5 kbar	25°C 1.1 kbar
518°C 5.4 kbar	0°C 0 kbar	Al <sub>2</sub> O <sub>3</sub>	551°C 7.0 kbar	33°C 1.6 kbar

**Table 3:** Summary of Results for 5 Samples Calculated with THERMOCALC ds6.2 \*\* = sat

Location	<i>P-T</i> of Garnet Isograd	<i>P-T</i> of Garnet Nucleation	Amount of Apparent Overstep	First Component(s) whose $\Delta\mu \neq 0$
<b>Examples with Minimal Overstepp</b>				
Sikkim, Himalaya **	522°C 4.9 kbar	525°C 5.2 kbar	3°C 0.3 kbar	MnO, MgO
Rappold Complex *	525°C 4.4 kbar	537°C 4.9 kbar	12°C 0.5 kbar	MnO
<b>Examples with Apparent Overstep</b>				
Eastern Vermont *	505°C 4.3 kbar	550°C 6.3 kbar	45°C 2.0 kbar	MnO
Pomfret Dome **	510°C 5.5 kbar	548°C 7.8 kbar	38°C 2.3 kbar	MnO, MgO, CaO
Nelson Aureole **	443°C 3.5 kbar	545°C 3.5 kbar	102°C 0 kbar	MnO, MgO

sample described in main text. \* =sample described in Supplemental Material.

<i>P-T</i> Conditions Where First $\Delta\mu_{\text{component}} \neq 0$	$\Delta T$ & $\Delta P$ Between <i>P-T</i> of Garnet-in and <i>P-T</i> Where First Component(s) $\neq 0$	Final Component(s) whose $\Delta\mu \neq 0$	<i>P-T</i> Conditions Where Last $\Delta\mu_{\text{component}} \neq 0$
<b>cooling (&lt;10°C and 0.5 kbar)</b>			
522°C 4.9 kbar	0°C 0 kbar	Al <sub>2</sub> O <sub>3</sub>	528°C 5.5 kbar
525°C 4.4 kbar	0°C 0 kbar	Al <sub>2</sub> O <sub>3</sub>	541°C 5.0 kbar
<b>cooling (&gt;10°C and 0.5 kbar)</b>			
505°C 4.3 kbar	0°C 0 kbar	Al <sub>2</sub> O <sub>3</sub>	531°C 5.4 kbar
510°C 5.5 kbar	0°C 0 kbar	Al <sub>2</sub> O <sub>3</sub>	520°C 6.1 kbar
443°C 3.5 kbar	0°C 0 kbar	Al <sub>2</sub> O <sub>3</sub>	539°C 3.5 kbar

$\Delta T$  &  $\Delta P$  Between  $P$ - $T$   
of Garnet-in and  $P$ - $T$   
Where Last  
Component(s)  $\neq 0$

6°C 0.6 kbar

16°C 0.6 kbar

26°C 1.1 kbar

10°C 0.6 kbar

96°C 0 kbar



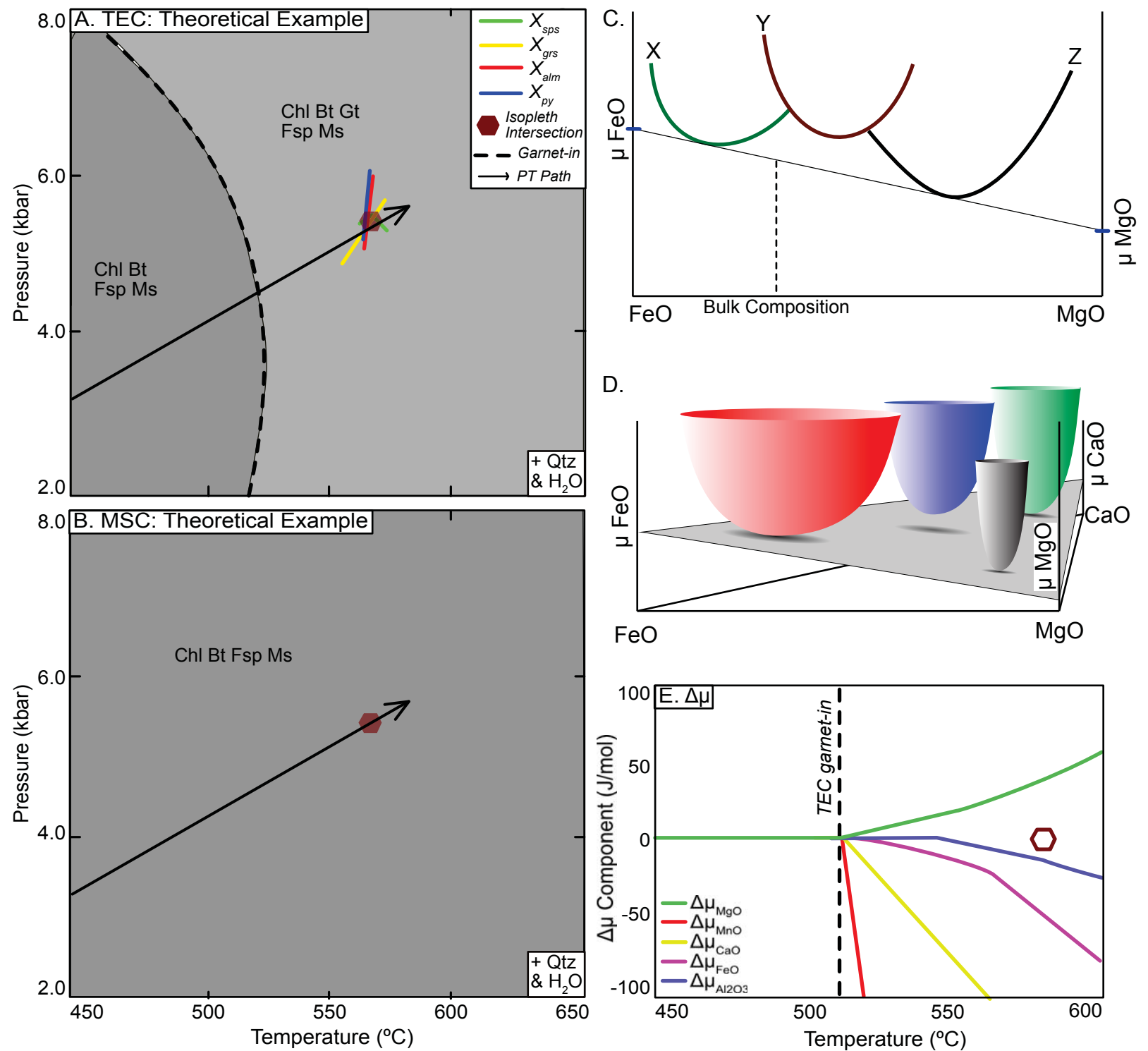
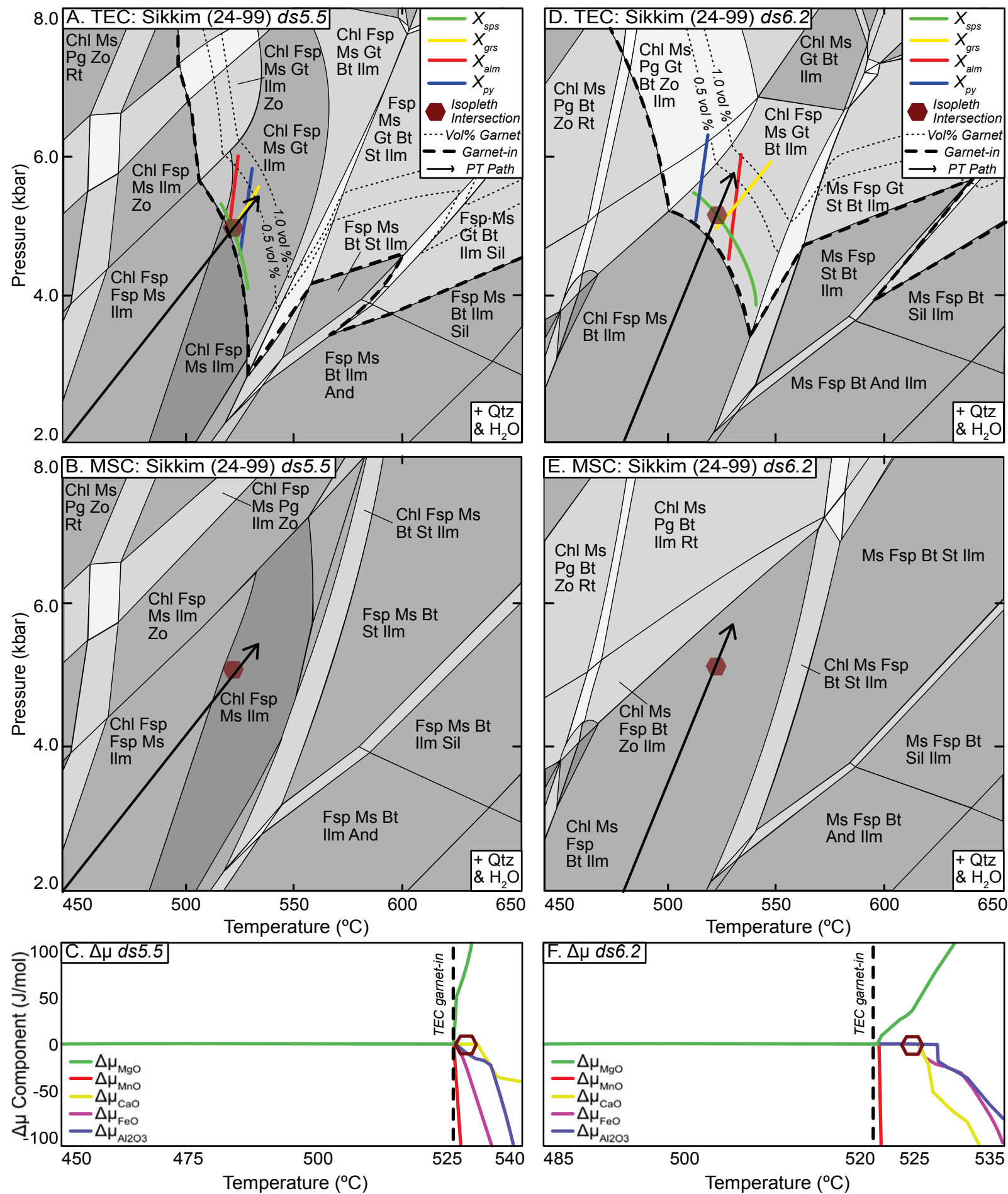


Figure 1

Figure 2



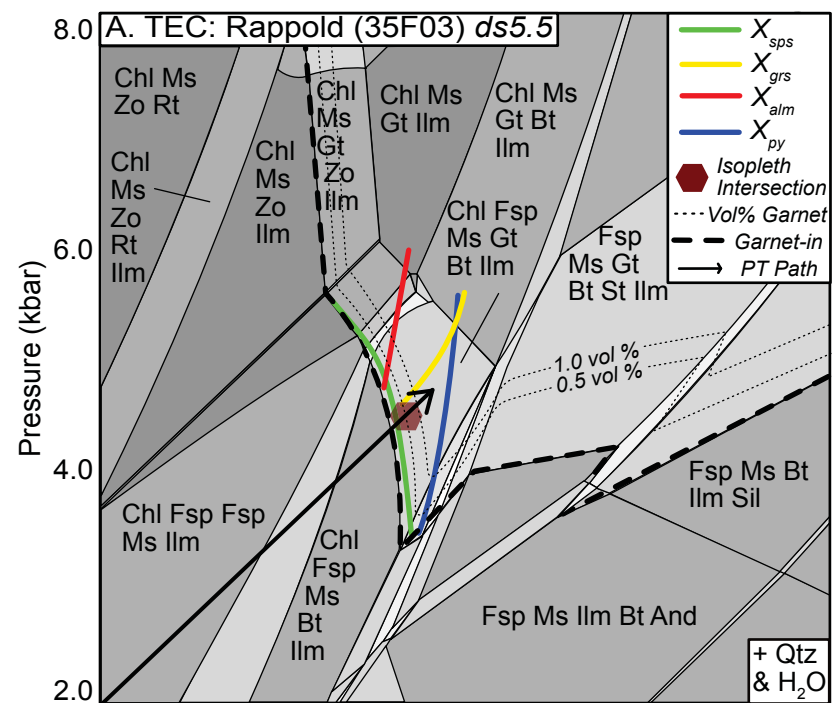


Figure 3

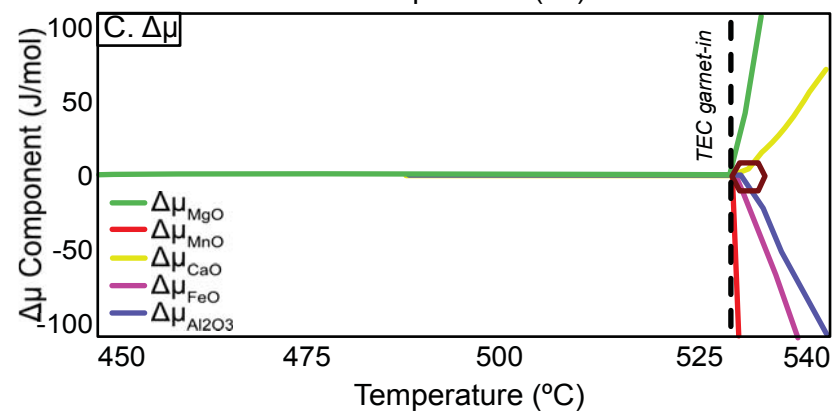
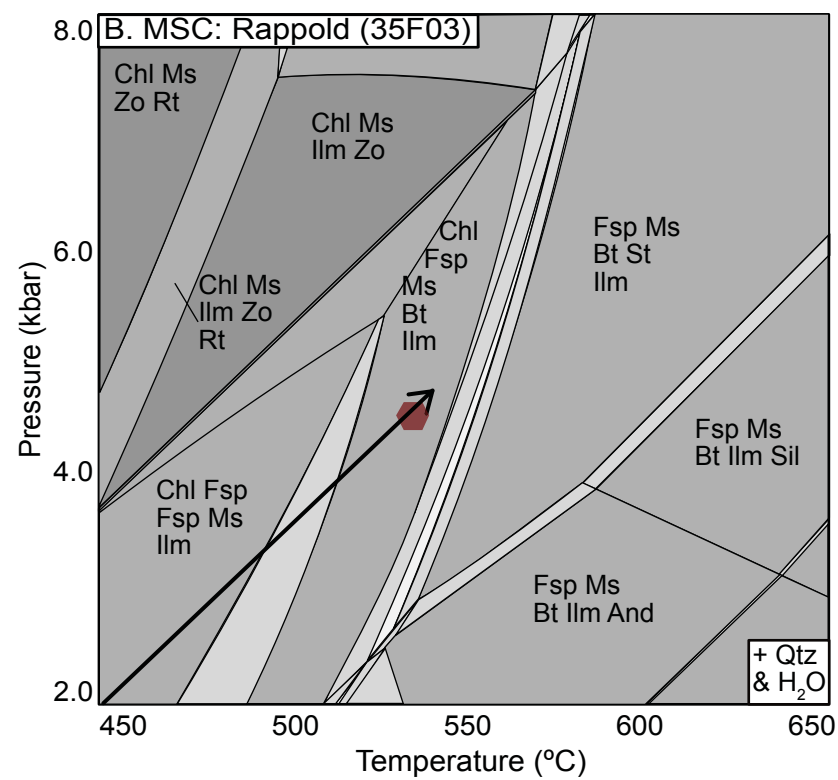


Figure 4

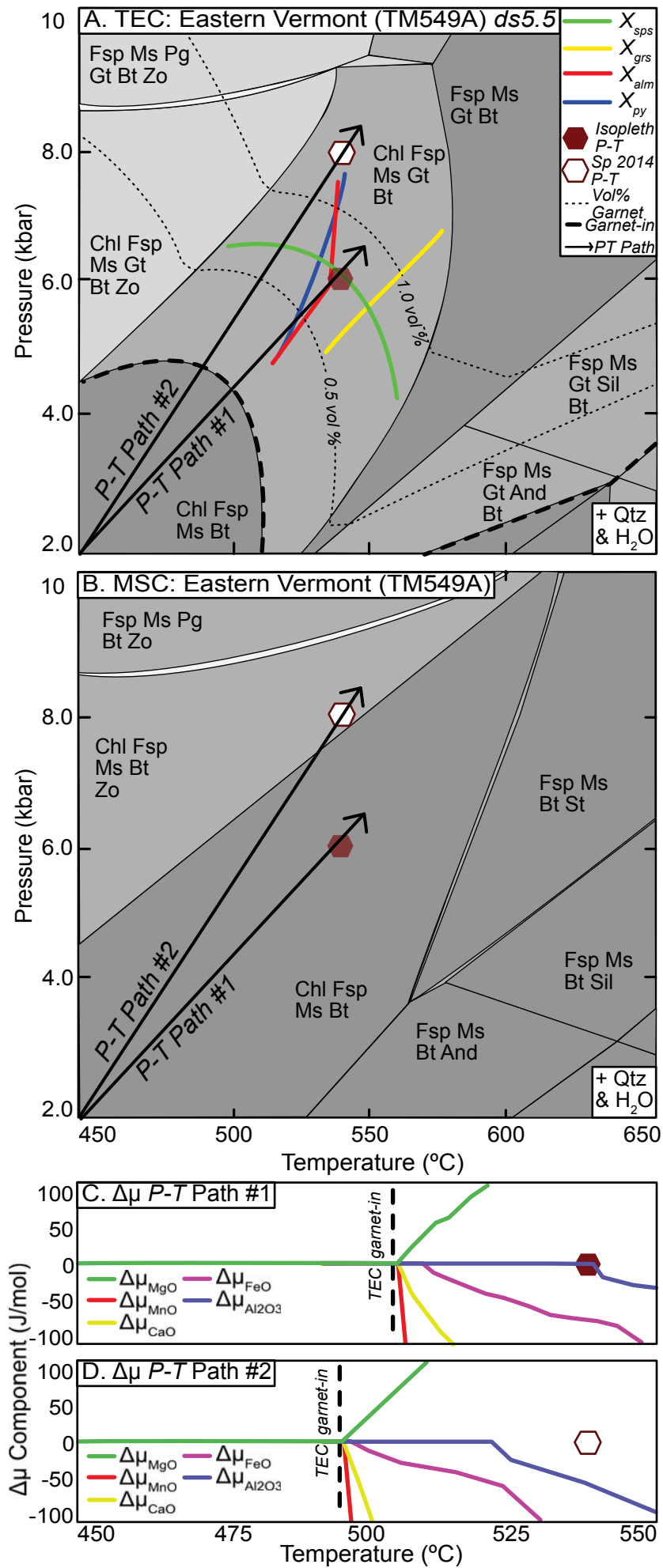
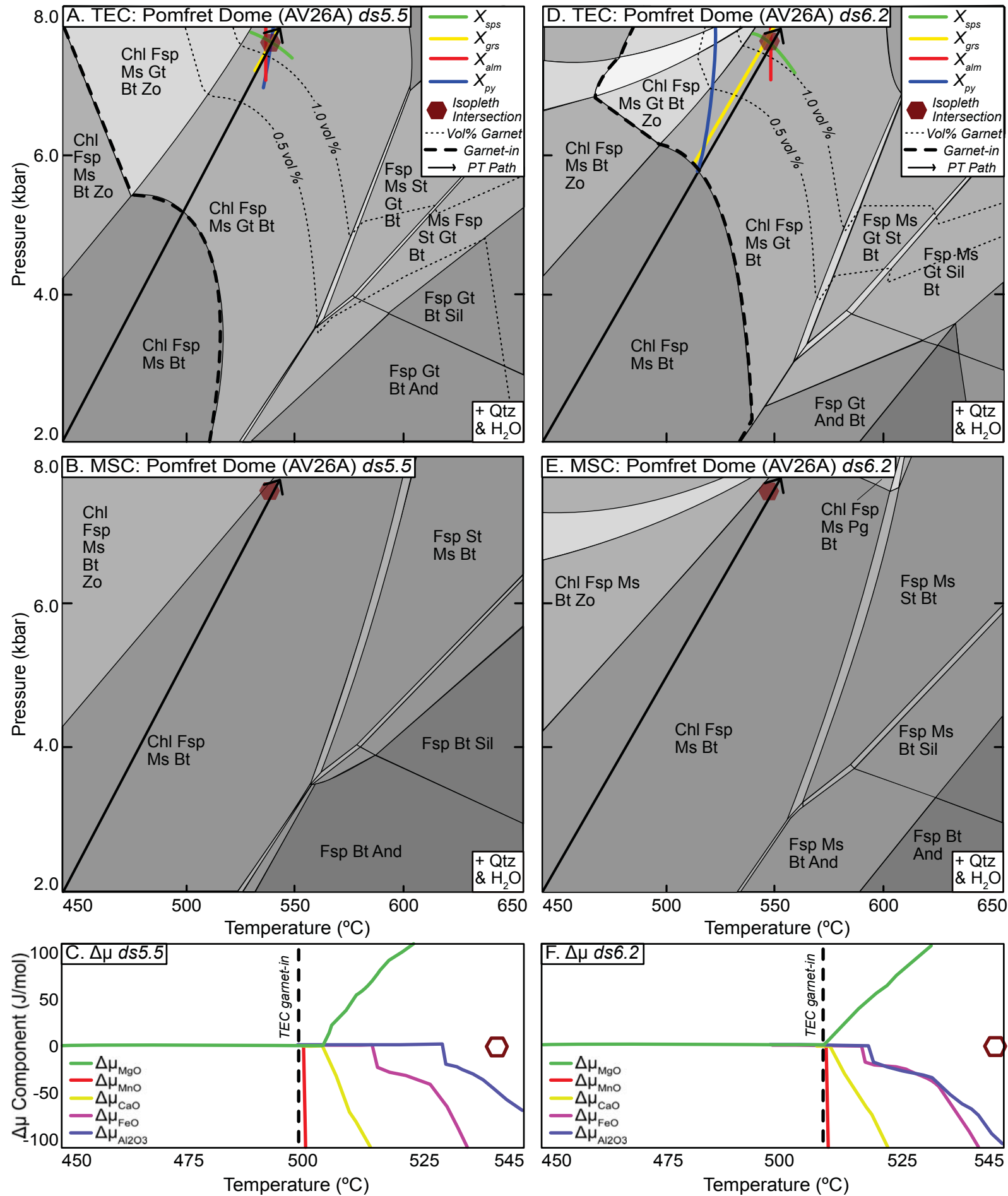


Figure 5



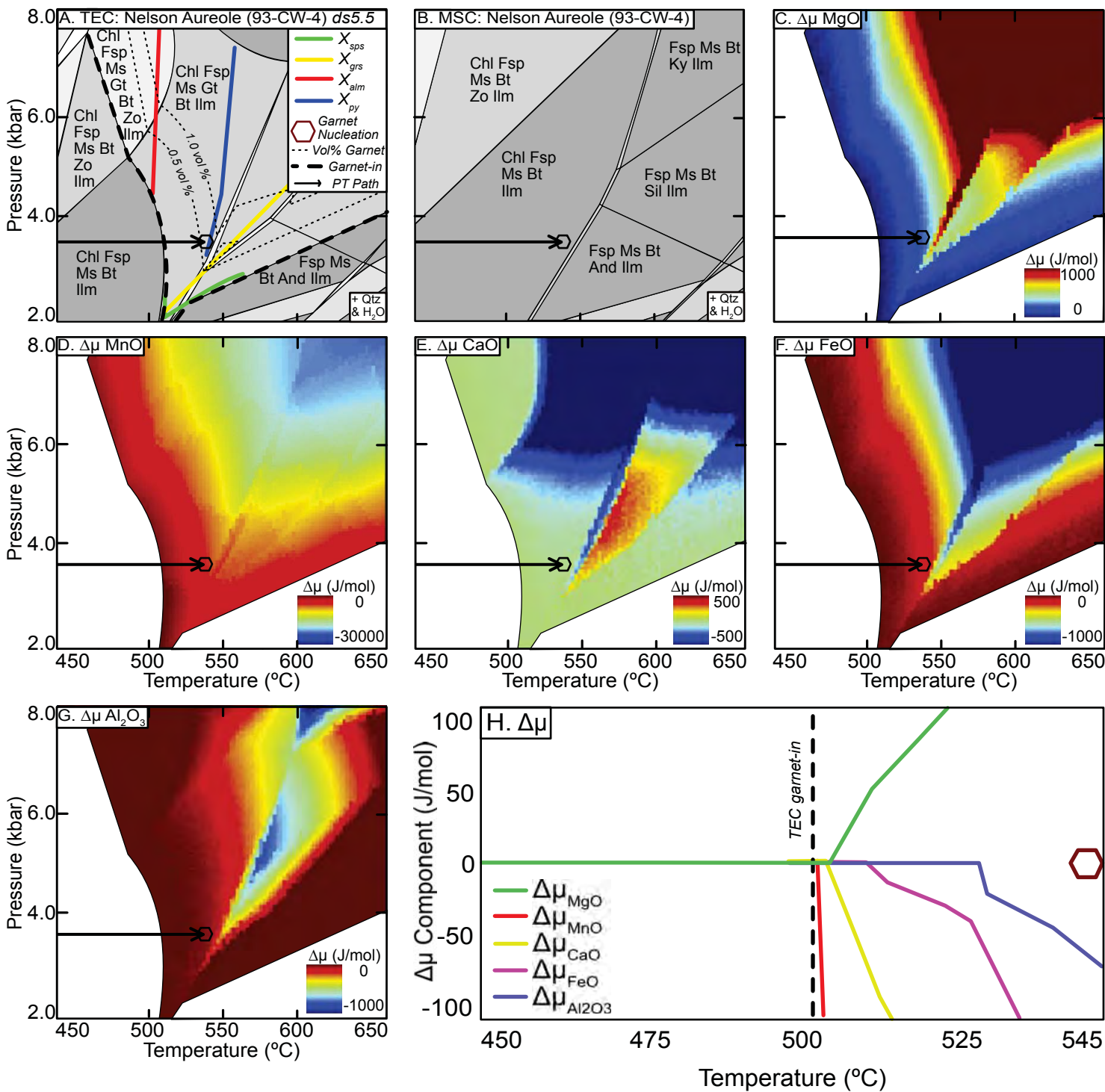


Figure 6

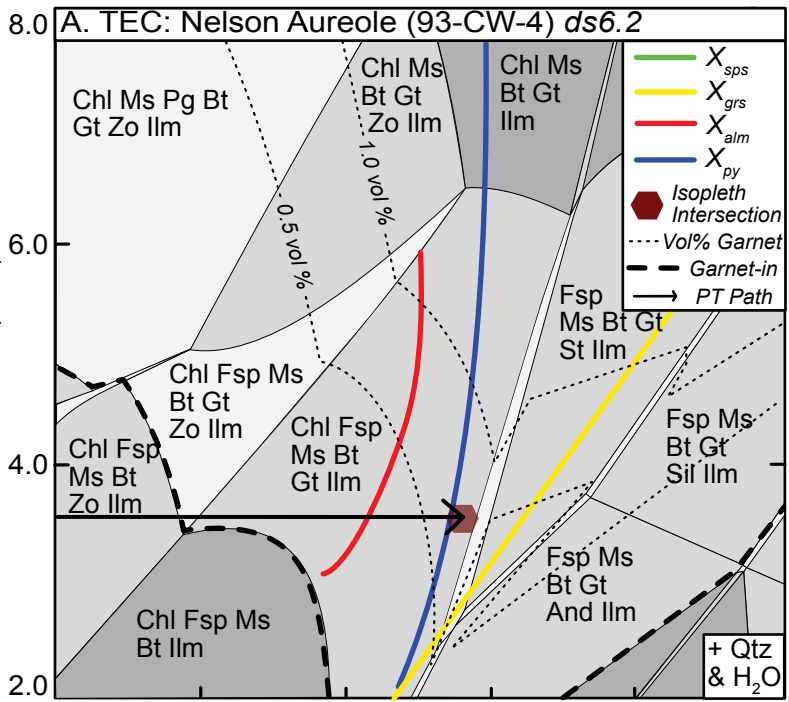
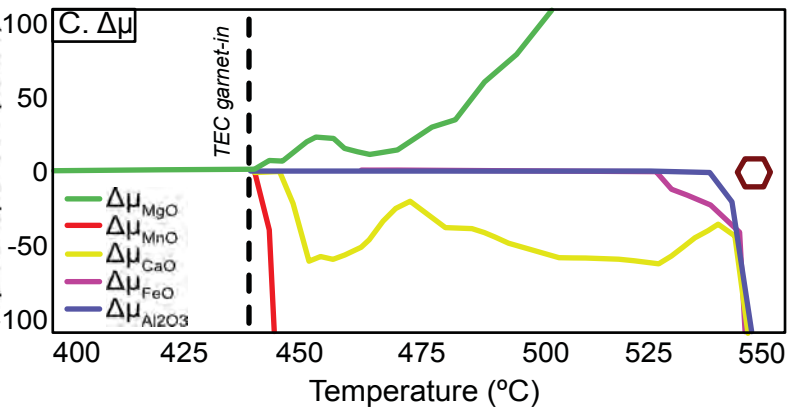
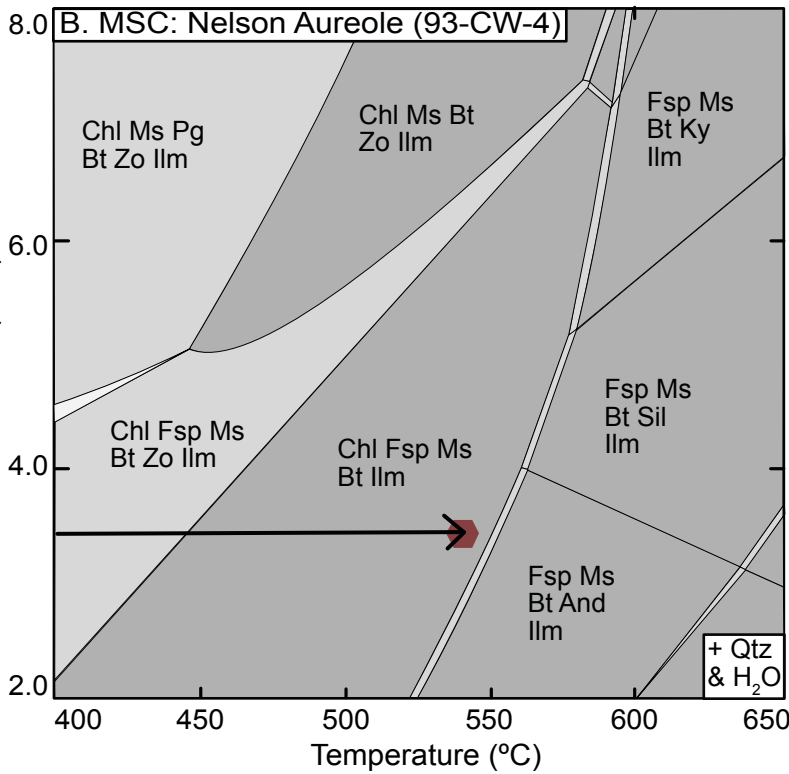
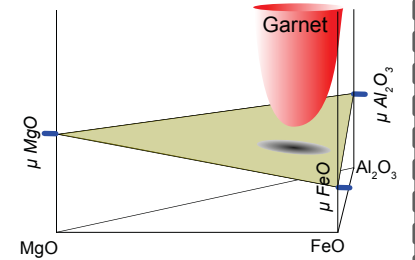


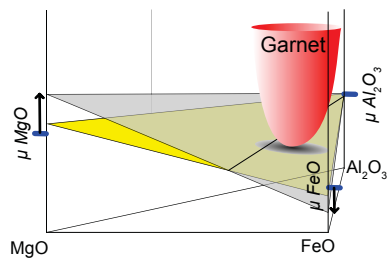
Figure 7



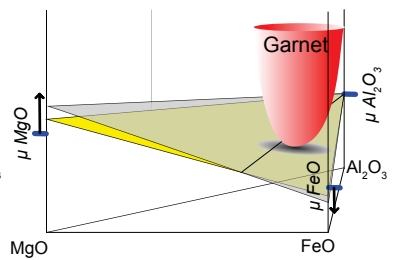
A:  $P$ - $T$  in which Garnet Not Stable  
(ds5.5 & ds6.2)



B:  $P$ - $T$  in which Garnet is Stable  
 $\Delta\mu \text{Al}_2\text{O}_3 = 0$  (ds5.5)



C:  $P$ - $T$  in which Garnet is Stable  
 $\Delta\mu \text{Al}_2\text{O}_3 = 0$  (ds6.2)



D:  $P$ - $T$  in which Garnet is Stable  
 $\Delta\mu \text{Al}_2\text{O}_3 \neq 0$  (ds5.5 & ds6.2)

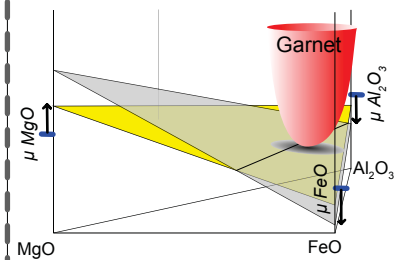


Figure 8



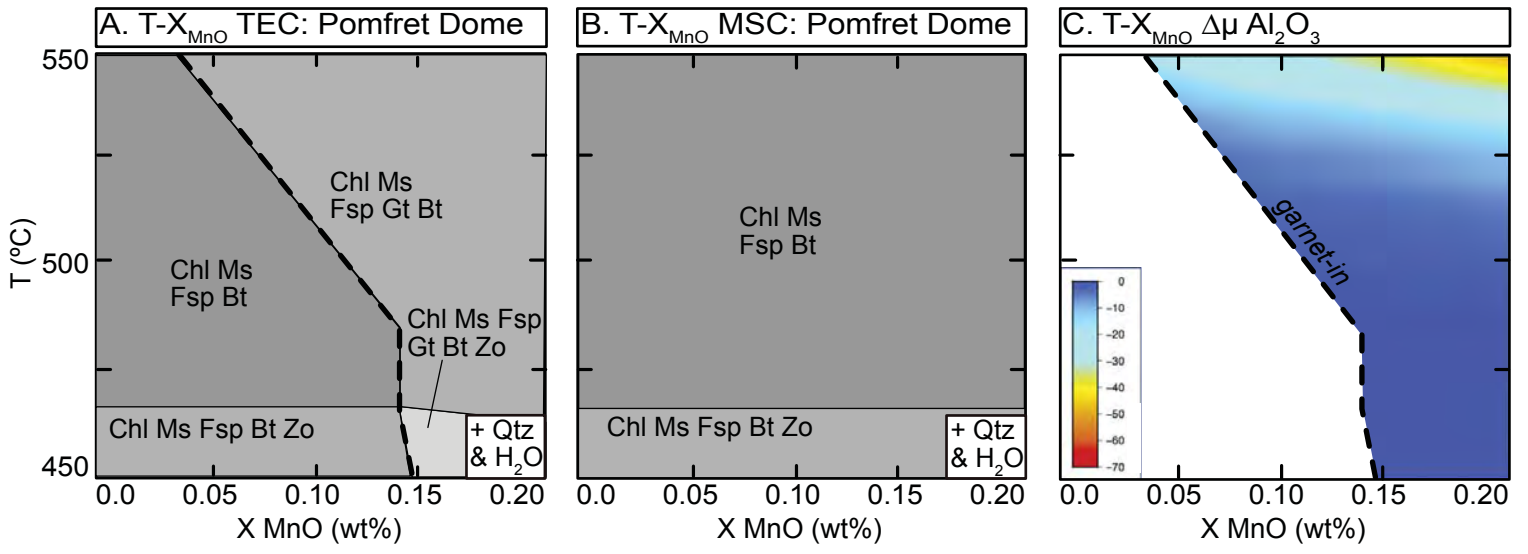


Figure 9